

Cha Cha Mixer (P)

拍数: 40 墙数: 0 级数: Partner
编舞者: Kaylaa Fox
音乐: I'm Not Strong Enough to Say No - BlackHawk



Position: Closed. Man is on the inside circle facing OLOD. Lady is on the outside circle facing ILOD. Men progress to their left to new partner.

Closed position

- 1-2 **MAN:** Step forward and rock onto left foot, step back onto right foot in place
 LADY: Step back and rock onto right foot, step forward onto left foot in place
- 3&4 **MAN:** Cha-cha in place (left-right-left)
 LADY: Cha-cha in place (right-left-right)
- 5-6 **MAN:** Step back and rock onto right foot, step forward onto left foot in place
 LADY: Step forward and rock onto left foot, step back onto right foot in place
- 7&8 **MAN:** Cha-cha in place (right-left-right)
 LADY: Cha-cha in place (left-right-left)

Release man's right and lady's left hand to open single hand hold position

CROSSOVER BREAK, PIVOT TURN

- 9-10 **MAN:** Cross left foot over right and step, step back onto right foot in place
 LADY: Cross right foot over left and step, step back onto left foot in place
- 11&12 **MAN:** Cha-cha in place (left-right-left)
 LADY: Cha-cha in place (right-left-right)

Release all hands

- 13-14 **MAN:** Cross right foot over left making a $\frac{1}{4}$ turn to the left with the step, unwind $\frac{1}{2}$ turn to the left
 LADY: Cross left foot over right making a $\frac{1}{4}$ turn to the right with the step, unwind $\frac{1}{2}$ turn to the right
- 15&16 **MAN:** Cha-cha in place (right-left-right) making a $\frac{1}{4}$ left turn on these steps
 LADY: Cha-cha in place (left-right-left) making a $\frac{1}{4}$ right turn on these steps

Man and lady return to face each other. Man faces OLOD and lady faces ILOD. Do not rejoin hands.

PROGRESSIVE ROCK STEPS, CHA-CHA

- 17-18 **MAN:** Step forward and rock onto left foot, step back onto right foot in place
 LADY: Step back and rock onto right foot, step forward onto left foot in place
- 19&20 **MAN:** Cha-cha backward (left-right-left)
 LADY: Cha-cha forward (right-left-right)
- 21-22 **MAN:** Step back and rock onto right foot, step forward onto left in place
 LADY: Step forward and rock onto left foot, step back onto right foot in place
- 23&24 **MAN:** Cha-cha forward (right-left-right)
 LADY: Cha-cha backward (left-right-left)

CHASE, TURN, CHA-CHA

- 25-26 **MAN:** Step forward on left foot and pivot $\frac{1}{2}$ turn to the right on ball of foot, step forward on right foot
 LADY: Step back and rock onto right foot, step forward onto left foot in place
- 27&28 **MAN:** Cha-cha forward (left-right-left)
 LADY: Cha-cha forward (right-left-right)
- 29-30 **MAN:** Step forward on right foot and pivot $\frac{1}{2}$ turn to the left on ball of foot, step forward on left foot
 LADY: Step forward on left foot and pivot $\frac{1}{2}$ turn to the right on ball of foot, step forward on right foot
- 31&32 **MAN:** Cha-cha forward (right-left-right)

LADY: Cha-cha forward (left-right-left)

MAN PROGRESSES TO NEW PARTNER

33-34 **MAN:** Step to the left on left foot making a $\frac{1}{4}$ turn to the left with the step towards LOD, step forward on right

LADY: Step forward on right foot and pivot $\frac{1}{2}$ turn on ball of right foot, step forward on left foot

35&36 **MAN:** Cha-cha forward (left-right-left)

LADY: Cha-cha forward (right-left-right)

37-38 **MAN:** Step to the right on right foot making a $\frac{1}{4}$ turn to the right with the step, step forward on left foot

LADY: Step left foot in place, step right foot in place

39&40 **MAN:** Cha-cha in place (right-left-right) and go to a closed position with the next lady

LADY: Cha-cha in place (left-right-left) and go to a closed position with the next man

On counts 39&40, lady may execute a full to the left turn in place.

REPEAT
