

Cha Cha Basique

拍数: 32 墙数: 4 级数: Beginner
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音乐: Any Cha-cha



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| 1 | Left foot step forward (rock forward) and twist body slightly to the right |
| 2 | Rock back on right foot and twist back to center |
| 3&4 | Make a three count shuffle step back with a left foot lead |
| 5 | Rock back on right and twist body slightly to the left |
| 6 | Rock forward on left foot |
| 7&8 | Make a three count shuffle step forward |
| 9 | Left foot step forward |
| 10 | Make a ½ turn to the right |
| 11&12 | Make a three count shuffle step forward |
| 13 | Right foot step forward |
| 14 | Make a ½ turn to the left |
| 15&16 | Make a three count shuffle step forward |
| 17 | Left foot step forward (rock forward) and twist body slightly to the right |
| 18 | Rock back on right foot and twist back to center |
| 19&20 | Make a three count ½ turn to the left with a left foot lead |
| 21 | Right foot step forward (rock forward) and twist body slightly to the left |
| 22 | Rock back on left foot and twist back to center |
| 23&24 | Make a three count ½ turn to the right with a right foot lead |
| 25 | Cross-rock left foot over in front of right foot |
| 26 | Rock back on to left foot |
| 27&28 | Sashay (sideward shuffle) to the left with a left foot lead (begin a ¼ turn to the left) |
| 29 | Cross right foot over left foot and complete a ¼ turn to the left |
| 30 | With weight on right foot make a ½ pivot turn to the left and transfer weight to right foot |
| 31&32 | Make a three count shuffle step back with a right foot lead |

REPEAT
