

Celts Reel

拍数: 32 墙数: 2 级数: Improver
编舞者: Zandra Varnham (SCO)
音乐: Paddy McCarthy - The Corrs



Keep both hands straight down by your sides

SYNCOPATED WEAVE, CROSS SHUFFLE TWICE

- & Step right foot to right side
- 1 Cross left over right
- & Step down on right
- 2 Cross left behind right
- & Step down on right
- 3 Cross left over right
- & Step down on right
- 4 Cross left over right
- & Step right to right side
- 5 Cross left behind right
- & Step down on right
- 6 Cross left in front of right
- & Step down on right
- 7 Cross left behind right
- & Step down on right
- 8 Cross left behind right - weight finishes on left foot

Put hands on hips

STOMPS TWICE, HEEL SPLITS TWICE, COASTER STEP, LEFT SHUFFLE

- 1 Stomp right in front of left
- 2 Stomp left behind right - left toe should touch right heel
- 3 Turn heels out, leaving toes in place
- & Bring heels back in, leaving toes in place
- 4 Turn heels out, leaving toes in place
- & Bring heels back in, leaving toes in place - weight on left
- 5&6 Step back on right, bring left next to right, step forward right
- 7&8 Step forward on left, step right next to left, step forward on left

BRUSH, HITCH, CROSS BRUSH HITCH, SHUFFLE TWICE

- 1 Brush ball of right foot forward
- & Hitch right leg
- 2 Cross brush right foot forward over left
- & Hitch right leg
- 3&4 Step forward right, step left next to right, step forward right
- 5 Brush ball of left foot forward
- & Hitch left leg
- 6 Cross brush left foot forward over right
- & Hitch left leg
- 7&8 Step forward left, step next to right, step forward left

RIGHT MAMBO, COASTER STEP, TRIPLE ½ TURN, TRIPLE FULL TURN

- 1&2 Rock forward right, step left in place, rock back on right
- 3&4 Step back left, step right next to left, step forward left
- 5&6 Step forward on right, ½ turn on left, step forward on right

7&8

Step forward on left, full turn, step forward left

REPEAT
