

Celtic Jig

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Betty Orr (CAN)
音乐: Cry of the Celts - Ronan Hardiman



HEEL STANDS, BACK SKIPS, SHUFFLE

- &1-2 Hop onto left foot, stand forward on right heel, step on left foot
&3-4 Hop onto right foot, stand forward on left heel, step on right foot
&5&6 Hop onto right foot, drop left foot behind right foot, hop onto left foot, drop right foot behind left foot
&7&8 Quickly hitch left foot in front of right knee, shuffle forward left-right-left

SHUFFLES X4 WITH KNEE HITCHES, FULL CIRCLE RIGHT

- &9&10 Quickly hitch right foot in front of left knee, shuffle right-left-right (circling right)
&11&12 Hitch left foot in front of right knee, shuffle left-right-left
&13&14 Repeat right foot shuffle with hitch and repeat left foot
&15&16 Shuffle with hitch. You have now completed a full circle

STOMP, KICK, ROCK STEP, TOE, HEEL, HEEL JACK LEFT

- 17-18 Stomp forward right foot, kick right leg out 2 o'clock
19-20 Rock back on right foot, step on left foot
21-22 "Sugarfoot" touch right toe in, touch right heel out
&23 "Heel Jack" quickly hop onto right foot, step left foot behind right foot
&24 Quickly hop back onto right foot, touch left heel forward 10 o'clock

HEEL JACK RIGHT, BALL CROSS, ¼ TURN RIGHT

- &25 Quickly hop onto left foot, step right foot behind left foot
&26 Quickly hop back onto left foot, touch right heel forward 2 o'clock
&27 Hop onto right foot, cross left ball of left foot over right
28 Swivel on balls of feet ¼ turn right

KICK BALL-CHANGE, STEP, ½ TURN LEFT

- 29& Right foot kick forward; right foot step on ball of foot
30 Left foot step next to right foot
31-32 Step forward on right foot, pivot ½ turn left onto left foot

REPEAT