

# Caught In The Middle

**COPPER** **KNOB**  
BY STEPSHEETS

拍数: 64      墙数: 2      级数: Improver  
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音乐: Caught in the Middle - A1



## **FORWARD COASTER, BACK COASTER, STEP FORWARD, ½ PIVOT, ½ SHUFFLE**

1&2      Step forward right & step left beside right, step back on right  
3&4      Step back on left & step right beside left, step forward on left  
5-6-7&8      Step forward right, pivot ½ turn left, turning ½ turn left shuffle right, left, right

## **LEFT SAILOR, RIGHT SAILOR, BEHIND, SIDE, CROSS SHUFFLE**

1&2-3&4      Step left behind right & step right to side, step left to left side, step right behind left & step left to side, step right to right side  
5-6-7&8      Step left behind right, step right to right side, cross shuffle to right stepping left, right, left (12:00)

## **SYNCOPATED ¼ TURN MONTEREY, BEHIND, SIDE, CROSS, TWICE**

1&2      Touch right toe to right side & turn ¼ turn right stepping right beside left, touch left toe to left side  
3&4      Step left behind right & step right to right side, cross step left over right  
5&6      Touch right toe to right side & turn ¼ turn right stepping right beside left, touch left toe to left side  
7&8      Step left behind right & step right to right side, cross step left over right (6:00)

## **RIGHT SIDE SHUFFLE, STEP, HEEL TWISTS, LEFT SIDE SHUFFLE, STEP, HEEL TWISTS**

1&2-3&4      Shuffle to right side stepping right, left, right, step forward on left & twist heels ¼ left, twist heels ¼ right  
5&6-7&8      Shuffle to left side stepping left, right, left, step forward on right & twist heels ¼ right, twist heels ¼ left (6:00)

## **ROCK BACK, ROCK FORWARD, ½ SHUFFLE, BACK COASTER, SHUFFLE FORWARD**

1-2-3&4      Rock/step back on right, rock/step forward left, turning ½ turn left shuffle right, left, right  
5&6-7&8      Step back on left & step right beside left, step forward on left, shuffle forward right, left, right (12:00)

## **CROSS SAMBA, CROSS SAMBA, CROSS, ¼, ¼, FULL TURN FORWARD**

1&2      Cross step left over right & step right to right side, step left to left side  
3&4      Cross step right over left & step left to left side, step right to right side  
5&6      Cross left over right & turn ¼ turn left step back on right, turn ¼ turn left step left to left side  
7-8      Turning ½ turn left step back on right, turning ½ turn left step forward on left (6:00)

## **SIDE ROCK, RIGHT SAILOR, LEFT SAILOR ¼, SYNCOPATED PIVOT**

1-2-3&4      Side rock right, replace weight on left, step right behind left & step left to side, step right to side  
5&6-7&8      Step left behind right & step right to side, turn ¼ turn left step on left, step forward right & pivot ½ turn left, step forward right (9:00)

## **SIDE ROCK, LEFT SAILOR, RIGHT SAILOR ¼, SYNCOPATED PIVOT**

1-2-3&4      Side rock left, replace weight on right, step left behind right & step right to side, step left to side  
5&6-7&8      Step right behind left & step left to side, turn ¼ turn right step on right, step forward left & pivot ½ turn right, step forward left (6:00)

REPEAT

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