

Cats Eyes

拍数: 64 墙数: 4 级数: Intermediate/Advanced
编舞者: Phil Austin (UK)
音乐: Black Cat - Janet Jackson



WALK, WALK, SHUFFLE, ROCK, RECOVER, COASTER

1-2 Step forward right, step forward left
3&4 Step forward right, close left to right, step forward right
5-6 Rock forward onto the left, recover weight onto the right
7&8 Step back left, step right next to left, step forward left

ROCK, RECOVER STEP, ROCK, RECOVER STEP, CAT SWAY

1&2 Rock forward right, recover weight onto left, step right slightly to right side
3&4 Rock forward left, recover weight onto right, step left slightly to left
5-8 Sway hips right, left, right, left while bending at the knees for the first 2 counts and rising for the second to counts

SIDE, BEHIND, SWITCH, TAP, CROSS TAP, CROSS TAP

1-2 Step left to side, cross right behind left
&3-4 Step left to side, cross right over left, tap left to side
5-6 Cross left over right, tap right to side
7-8 Cross right over left, tap left to side

Really stretch the taps putting lots of style on those points!

CROSS SHUFFLE, SWEEP, LOCK, SHUFFLE BACK, LEAN STEP

1&2 Cross left over right, step right next to left, cross left over right
3-4 Sweep right foot around to cross over left
5&6 Step back left, step right next to left, step back left
7-8 Lean back and step forward right, put weight onto right and slide left next to right

ROCK, RECOVER, SAILOR STEP, ROCK, RECOVER, SAILOR ¼ TURN

1-2 Rock left to left side, recover weight onto right
3&4 Cross left behind right, step right to side, step left next to right
5-6 Rock right to right side, recover weight onto left
7&8 Cross right behind left, step left to side and turn ¼ turn to the left, step right next to left

CROSS TOE, DROP, SWEEP ½ TURN, CROSS TOE, DROP, SWEEP ½ TURN, FLICK

1-2 Cross point left toe over right, drop left heel onto ground
3-4 Sweep the right foot around to cross over left while making ½ turn over left shoulder
5-6 Cross point right toe over left, drop right heel onto ground
7-8& Sweep the left foot around to cross over right while making ½ turn over right shoulder, flick the left foot up to knee height on the '&' count

SHUFFLE FORWARD, LEAN STEP, STEP, BUMP, BUMP, ¼ TURN KICK

1&2 Step forward left, step right next to left, step left forward
3-4 Lean back and step forward right, put weight onto right and slide left to right
5-6 Step left to left side, bump hips to left
7&8 Bump hips right, ¼ turn to left, kick right forward

COASTER STEP, HEAD, ¼ TURN, ROCK, RECOVER, STEP, STEP, STEP, HOLD

1&2 Step back right, step left next to right, step forward right
3-4 Turn head to left, ¼ turn to left putting weight onto left

5&6 Rock right to right side, recover weight onto left, step right next to left
7&8 Step left to left side, step right to right side, hold

REPEAT
