

Cathy's Waltz

COPPER KNOB
BY STEPHEN METELNICK

拍数: 48 墙数: 2 级数: waltz
编舞者: Peter Metelnick (UK)
音乐: Husbands and Wives - Brooks & Dunn



Choreographer's note: This dance is dedicated to my wife, Cathy. Thanks for all your support

LEFT BALANCE FORWARD, 1&½ TURN RIGHT

- 1-3 Step left foot forward, step right foot together, step left foot in place
- 4 Turn ½ right and step right foot forward
- 5 Pivot ½ right on right foot and step left foot back
- 6 Pivot ½ right on left foot and step right foot forward

LEFT BALANCE FORWARD, 1&¼ TURN RIGHT

- 1-3 Step left foot forward, step right foot together, step left foot in place
- 4-5 Turn ½ right and step right foot forward, pivot ½ right on right foot and step left foot back
- 6 Pivot ¼ right on left foot and step right foot to right side (now facing left side wall)

LEFT OVER RIGHT, RIGHT TO RIGHT SIDE, SWIVEL HEELS RIGHT, RIGHT OVER LEFT, LEFT TO LEFT SIDE, RIGHT BEHIND LEFT

- 1-2 Cross step left foot over right foot (body is angled right), step right foot to right side
- 3 Swivel both heels to the right (body is angled left, weight ends on left foot)
- 4-6 Cross step right foot over left foot, step left foot to left side, cross step right foot behind left foot

¼ LEFT & STEP LEFT FORWARD, RIGHT FORWARD & ½ LEFT, LEFT FORWARD, RIGHT BALANCE FORWARD

- 1 Turn ¼ left and step left foot forward
- 2 Step right foot forward & pivot ½ left, lifting left foot slightly off the floor
- 3 Step left foot slightly forward
- 4-6 Step right foot forward, step left foot together, step right foot in place (end facing front wall)

LEFT OVER RIGHT, RIGHT TOGETHER, LEFT IN PLACE (TWINKLE), RIGHT CROSS ROCK & RECOVER, ½ RIGHT & RIGHT FORWARD

- 1-3 Cross step left foot over right foot (body is angled right), step right foot together, step left foot in place
- 4 Cross step right foot over left foot (body is angled left) and rock forward
- 5 Recover weight on left foot and step left foot back
- 6 Turn ½ right and step right foot forward (now facing back wall)

LEFT OVER RIGHT, RIGHT TOGETHER, LEFT IN PLACE (TWINKLE), RIGHT OVER LEFT, LEFT TOGETHER, RIGHT IN PLACE (TWINKLE)

- 1-3 Cross step left foot over right foot (body is angled right), step right foot together, step left foot in place
- 4-6 Cross step right foot over left foot (body is angled left), step left foot together, step right foot in place

WEAVE RIGHT, RIGHT SIDE ROCK & RECOVER, RIGHT OVER LEFT

- 1-3 Cross step left foot over right foot (body is angled right), step right foot to right side, cross step left foot behind right foot
- 4-6 Step right foot to right side and rock, recover weight on left foot, cross step right foot over left foot (body is angled left)

VINE LEFT 3, RIGHT OVER LEFT, LEFT SIDE ROCK & RECOVER

1-3 Step left foot to left side, cross step right foot behind left foot, step left foot to left side

4-6 Cross step right foot over left foot, step left foot to left side and rock, recover weight on right foot turning body back to center (end facing back wall)

REPEAT
