

Catastrophe

拍数: 56 墙数: 4 级数:
编舞者: Simon Ward (AUS)
音乐: My Town - Little Texas



- 1-2 Step left foot behind right foot, step right foot to side
3-4 Shift weight onto left, step right foot behind left
5-6 Touch left heel to side, cross left foot over right
7-8 Touch right heel to side, bring right foot together
- 1&2 Shuffle forward right-left-right
3-4 Step forward on left foot, pivot $\frac{1}{4}$ turn right
5&6 Shuffle forward left-right-left
7-8 Step forward on right, pivot $\frac{1}{2}$ turn left
- Next 8 beats are traveling forward**
- 1-2 Touch right toe down, followed by heel
3&4 Touch left toe down, step right to side for & take weight on left
5-6 Step forward on right, lock left behind right
7-8 Step forward on right turning $\frac{1}{4}$ turn left, hitch left knee
- 1-2 Step forward on left turning $\frac{1}{4}$ turn left, hitch right
3-4 Step forward on right turning $\frac{1}{4}$ turn left, hitch left
5-6 Step forward on left, pivot $\frac{1}{2}$ turn right
7&8 Shuffle forward left-right-left
- 1-2 Step forward on right, pivot $\frac{1}{2}$ turn left
3&4 Shuffle forward left-right-left
5-8 Vine left-right-left, scuff right
- 1-4 Vine right-left-right turning full turn right, stomp left foot
5-6 Kick right foot at a 45 degrees angle twice
7-8 Touch right toe behind, scuff right foot
- 1&2 Shuffle to the side right-left-right
3-4 Lock left foot behind right, pivot $\frac{1}{2}$ turn left on balls of feet
5&6 Shuffle to the side left-right-left
7-8 Lock left foot behind right, pivot $\frac{1}{4}$ turn left on balls of feet

REPEAT
