

Catahoola

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Joanne Taylor Smith (UK)
音乐: Catahoula - The Bellamy Brothers



WEAVE LEFT, TOUCH, CROSS, WEAVE RIGHT, TOUCH, ¼ LEFT

1& Step left to left side, cross step right behind
2& Step left to left side, cross step right over left
3-4 Touch left toe to left side, cross step left over right
5& Step right to right side, cross step left behind right
6& Step right to right side, cross step left over right
7-8 Touch right toe to right side, make ¼ turn left flicking right foot back (9:00)

SYNCOPATED ROCKS, HITCH, SHUFFLE, HITCH, SYNCOPATED ROCKS, HITCH, ROCK ½ LEFT

1&2 Cross rock right over left, recover on left, cross rock right over left
& Hitch left turning to right diagonal
3&4 Shuffle forward left, & right, left
& Hitch right turning to left diagonal
5&6 Cross rock right over left, & recover on left, cross rock right over left
& Hitch left turning to 9:00 wall
7&8 Rock forward on left, & recover on right, make ½ turn left stepping left forward (3:00)

TOUCH,FLICK,TOUCH,FLICK,SHUFFLE,TOUCH,FLICK,TOUCH,FLICK,SYNCOPATED JAZZ BOX ¼ LEFT

1& Touch right toe to right, flick right foot behind left leg & slap with left hand
2& Touch right toe to right, flick right foot in front of left leg & slap with left hand
3&4 Shuffle forward right, & left, right
5& Touch left toe to left, flick left foot behind right & slap with right hand
6& Touch left toe to left, flick left in front of right & slap with right hand
7&8 Cross step left over right, & step back on right, step left ¼ turn left.(12:00)

SYNCOPATED JAZZ BOX ¼ RIGHT, FULL SHUFFLE RIGHT, SIDE MAMBO, KICK & CROSS

1&2 Cross step right over left, & step left back, step right ¼ turn right (3:00)
3&4 Make full turn right stepping left, & right, left
5&6 Rock right to right, & recover on left, step right beside left
7&8 Kick left forward, & step on left, cross step right over left

REPEAT