

# Coastin Slow

拍数: 24      墙数: 4      级数: Improver  
编舞者: Nancy Morgan (USA)  
音乐: Steam - Ty Herndon



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## WALK, WALK, SIDE, TOGETHER, SIDE, TOGETHER, CROSS, TURN, SLIDE, TOGETHER

1-2            Step forward on right, step forward on left,  
3&4           Put right toe to right side, put right next to left as you put left toe out to left side  
&5-6          Put left next to right as you cross right over left, turn  $\frac{1}{2}$  turn to your left,  
7-8            Step right back and diagonally to your right, put right next to left

## SHUFFLE RIGHT FORWARD, STEP, $\frac{1}{4}$ TURN, COASTER STEP, TOUCH BACK, $\frac{1}{2}$ TURN

1&2            Shuffle right forward (right, left, right)  
3-4            Step forward on left, turn  $\frac{1}{4}$  turn to your right (weight ending on right)  
5&6            Coaster step (step back on left, back on right, forward on left)  
7-8            Touch right foot behind left

## DIAGONALLY SHUFFLE FORWARD, SAILOR SHUFFLE, SAILOR SHUFFLE, KICK AND KICK AND

1&2            Shuffle forward diagonally to your left (left, right, left)  
3&4            Sailor shuffle (step right behind left, step left to left side, step right foot forward)  
5&6            Sailor shuffle (step left behind right, step right to right side, step left foot forward)  
7&8&          Put right heel forward, put right next to left as you put left heel forward, put left next to right

**REPEAT**

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