Coaster Coast



编舞者: Sarah Drake (UK)

音乐: When You're Looking Like That - Westlife



RIGHT ROCK FORWARD, RIGHT COASTER STEP, LEFT ROCK FORWARD, LEFT COASTER STEP

1-2	Rock forward on right foot, replace weight on left foot

3&4 Step back on right foot, step left foot beside right, step forward on right

5-6 Rock forward on left foot, replace weight on right foot

7&8 Step back on left foot, step right foot beside left, step forward on left

RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, RIGHT ROCK FORWARD, TRIPLE ½ TURN RIGHT

9&10	Step forward on right foot, bring left foot beside right, step forward on right foot
11&12	Step forward on left foot, bring right foot beside left, step forward on left foot
13-14	Rock forward on right foot, replace weight on left foot
15&16	Triple ½ turn over right shoulder - stepping right, left, right

LEFT ROCK FORWARD, LEFT COASTER STEP, RIGHT ROCK FORWARD, RIGHT COASTER STEP

17-18	Rock forward on left foot, replace weight on right foot
19&20	Step back on left foot, step right foot beside left, step forward on left

21-22 Rock forward on right foot, replace weight on left foot

Step back on right foot, step left foot beside right, step forward on right

LEFT SHUFFLE FORWARD, RIGHT SHUFFLE FORWARD, LEFT ROCK FORWARD, LEFT COASTER STEP

Kick right foot forward, quick-step on right foot in-place, step on left foot

25&26	Step forward on left foot, bring right foot beside left, step forward on left foot
27&28	Step forward on right foot, bring left foot beside right, step forward on right foot
29-30	Rock forward on left foot, replace weight on right foot
31&32	Step back on left foot, step right foot beside left, step forward on left

2 X RIGHT KICK-BALL-CHANGE, PIVOT ½ LEFT, RIGHT SHUFFLE FORWARD

35&36	Repeat steps 33&34
37-38	Step forward on right foot, pivot ½ turn left putting weight onto left foot
39&40	Step forward on right foot, step left foot beside right. Step forward on right foot

2 X LEFT KICK-BALL-CHANGE, PIVOT 1/4 RIGHT, LEFT CROSS SHUFFLE

41&42	Kick left foot forward, quick-step on left foot in-place, step on right foot
43&44	Repeat steps 41&42
45-46	Step forward on left foot, pivot ¼ turn right putting weight onto right foot
47&48	Cross left foot over right, quick-step right foot to right side, cross left foot over right

1/2 MONTEREY TURN, LEFT TOE TOUCH TO LEFT SIDE, LEFT CROSS STEP, RIGHT TOUCH OUT RIGHT CROSS SHUFFLE

49-50	Touch right toe out to right side, spin $\frac{1}{2}$ turn right on ball of left foot while bringing right foot next to left
51-52	Touch left toe to left side twice
53-54	Cross left foot over right, touch right toe out to right side
55&56	Cross right foot over left, quick-step left foot to left side, cross right foot over left

SIDE-STEP-TOUCHES, WALKS/STOMPS FORWARD, LEFT SHUFFLE FORWARD

57-58	Step left foot to left side, touch right toe in-place
59-60	Step right foot to right side, touch left toe in-place
61-62	Stomp left foot forward, stomp right foot forward
63&64	Step forward on left foot, bring right foot beside left, step forward on left foot

REPEAT

BRIDGE #1

4 X ¼ MONTEREY TURNS

Bridge #1 is danced after the 1st wall, before 2nd wall is started

Bridge #1 is danced again after the 3rd wall, before the 4th wall is started

1-2 Touch right toe out to right side, spin ¼ turn to right on ball of left foot while bringing right foot

next to left

3-4 Touch left toe out to left side, step left foot in-place

5-16 Repeat steps 1-4 three times more

BRIDGE #2

Bridge #2 is danced after the 2nd wall, before 3rd wall is started

2 X 1/2 MONTEREY TURNS

1-2 Touch right toe out to right side, spin ½ turn to right on ball of left foot while bringing right foot

next to left

3-4 Touch left toe out to left side, step left foot in-place

BRIDGE #3

Bridge #3 is danced after the 4th wall, before the 5th wall is started

1 X FULL MONTEREY TURN

1-2 Touch right toe out to right side, spin full turn to right on ball of left foot while bringing right

foot next to left

3-4 Touch left to out to left side, step left foot in-place

Half-way through the 5th wall there is a break in the music before the right kick-ball-changes. Hold for about 8 counts approximately, then carry on with the kick-ball-changes.