

Coast To Coast

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Trish Blomfield (NZ) & Judy Hill (NZ)
音乐: My Love - Westlife



FULL TURN, SHUFFLE FORWARD

1-2 Step forward right, left while doing a full turn right
3&4 Shuffle forward right, left, right

SYNCOPATED VINE RIGHT

5&6 Cross left in front of right, step right to right side, cross left behind right
&7&8 Step right to right side, cross left in front of right, step right to right side, cross left behind right

& HEEL & TOUCH & STEP PIVOT

&9&10 Step right together, touch left heel forward, step left together, touch right next to left
&11-12 Step right next to left, step left forward, half pivot right

FORWARD COASTER & BACK COASTER

13&14 Step left forward, step right together, step left back
&15&16 Step right next to left, step left back, step right together, step left forward

¼ PIVOT CROSS SHUFFLE

17-18 Step right forward, ¼ turn left
19&20 Cross right in front of left, step left to left side, cross right in front of left

RIGHT HEEL JACK, LEFT HEEL JACK

&21&22 Step left back, touch right heel forward, step right together, step left together
&23&24 Step right back, touch left heel forward, step left together, touch right together

& ¼ TURN, SWEEP RIGHT WITH ¾ TURN LEFT

&25-26 Step right together, step left forward, ¼ turn right
&27-28 Step left together (&), sweep right around doing ¾ turn left

CROSS BACK CROSS, FULL TURN TRIPLE STEP

29&30 Cross right in front of left, step left back, cross right in front of left
31&32 Full turn triple step left (left, right, left)

REPEAT

RESTARTS

3rd wall: replace counts 19,20 with step right forward, ½ pivot left then restart dance
7th wall: restart the dance after count 16
