

Coast To Coast

拍数: 64 墙数: 1 级数: Improver
编舞者: Bill Larson (AUS)
音乐: Coast to Coast - Asleep at the Wheel



VINE RIGHT SCUFF, STEP SCUFF STEP SCUFF

1-2-3-4 Step right to side, step left behind right, step right to side, scuff ball of left beside right
5-6-7-8 Step left to side, scuff ball of right beside left, step right to side, scuff ball of left beside right

VINE LEFT SCUFF, STEP SCUFF STEP SCUFF

1-2-3-4 Step left to side, step right behind left, step left to side, scuff ball of right beside left
5-6-7-8 Step right to side, scuff ball of left beside right, step left to side, scuff ball of right beside left

VINE RIGHT TURN SCUFF, STEP PIVOT STEP HOLD

1-2-3-4 Step right to side, step left behind right, step right to side with $\frac{1}{4}$ turn right, scuff ball of left beside right
5-6-7-8 Step left forward, pivot $\frac{1}{2}$ turn right, step left forward, hold

STEP PIVOT STEP HOLD, MAMBO STEP HOLD

1-2-3-4 Step right forward, pivot $\frac{1}{2}$ turn left, step right forward, hold
5-6-7-8 Step left forward, rock back onto right, step left back, hold

LOCK STEP BACK HOLD, COASTER STEP HOLD

1-2-3-4 Step right back, cross left in front of right, step right back, hold
5-6-7-8 Step left back, step right beside left, step left forward, hold

LOCK STEP FORWARD HOLD, MAMBO TURN HOLD

1-2-3-4 Step right forward, lock left up behind right, step right forward, hold
5-6-7-8 Step left forward, rock back onto right with $\frac{1}{2}$ left, step left forward, hold

TURN STEP TURN STEP TURN STEP TURN STEP

The following 8 counts are done traveling forward towards the 9:00 wall

1-2-3-4 Turning $\frac{1}{2}$ left step right back, hold with clap, turning $\frac{1}{2}$ left step left forward, hold with clap
5-6-7-8 Turning $\frac{1}{2}$ left step right back, hold with clap, turning $\frac{1}{4}$ left step left to side, hold with clap

Turns can be substituted for step scuffs, starting forward with right on count 1 & turning $\frac{1}{4}$ right on count 7

COASTER STEP FORWARD, COASTER STEP BACK

1-2-3-4 Step right forward, step left beside right, step right back, hold
5-6-7-8 Step left back, step right beside left, step left forward, hold

REPEAT