

Coalminer

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Janet Short
音乐: Coalmine - Sara Evans



SYNCOPATED VINE RIGHT, ROCK STEP, ¼ TURN SAILOR SHUFFLE

- 1-2&3&4 Step right to right, cross left behind right, step out to right on right toe, hop across right with left, step out to right on right toe, hop behind right with left
- 5-6-7&8 Rock out to side with right, return weight to left, cross behind with right, step ¼ turn to left on left, step right next to left

SYNCOPATED STEP SLIDES FORWARD, STEP HITCHES BACK, ROCK STEP AND HITCH, REVERSE SCOOT, HITCH AND ROCK STEP

- 1-2&3-4 Step diagonally forward with left foot, bring right foot up behind left and step, small rock to left with left, step diagonally forward with right, bring left foot up behind right and step
- &5&6&7&8 Scoot slightly forward on left foot hitching right knee, step back on right foot, scoot slightly forward on right foot hitching left knee, step back on left, kick right foot forward, hitch right knee, rock back on right, return weight to left

HEEL TURN ½ RIGHT, ROCK STEP AND HITCH, TWO STOMPS, FANCY FEET

- 1-2&3&4 Dig right heel forward turning ½ to right on heel, step down on left, rock back on right, scuff right heel forward hitching right knee
- 5-6&7&8 Stomp down on right foot, stomp down on left foot, bring right heel in pointing left toe out at same time, bring feet center, bring left heel in pointing right toe out at same time, bring feet center

TOE HEEL CROSS, TWO SAILOR SHUFFLES BACK

- 1&2-3&4 Point right toe in, point right heel out, cross right in front of left and step, point left toe in, point left heel out, cross left in front of right and step
- 5&6-7&8 Step right behind left, rock out to side on left, return weight to right, step left behind right, rock out to side on right, return weight to left

REPEAT
