

# CMT Jammin' Country Strut

**COPPER** **KNOB**  
STEPSHEETS

拍数: 48      墙数: 4      级数: Improver  
编舞者: Jo Thompson Szymanski (USA)  
音乐: Unknown



## TOE STRUTS, KICKS, KNEE POP & HEEL DROP

1-2      Step forward on ball of right foot, drop heel to floor  
3-4      Step forward on ball of left foot, drop heel to floor  
5-6      Kick right foot forward twice  
7      Step back on right, bending left knee & raising heel  
8      Drop left heel to floor & raise right heel  
9-10      Step forward on ball of right foot, drop heel to floor  
11-12      Step forward on ball of left foot, drop heel to floor  
13-14      Kick right foot forward twice  
15      Step back on right, bending left knee & raising heel  
16      Drop left heel to floor & raise right heel

## ROCK STEPS - STOMPS & HEEL CLICKS

17-18      Rock forward on right, rock back on left  
19-20      Rock back on right, rock forward on left  
21-22      Stomp right, stomp left  
23-24      With weight on balls of feet, click heels together twice

## SHUFFLE & ROCK - TO RIGHT & LEFT

25&      Step right to right side, close left to right  
26      Step right to right side  
27      Rock forward onto left crossing it over right  
28      Rock back on right  
29&      Step left to left side, close right to left  
30      Step left to left side  
31      Rock forward onto right crossing it over left  
32      Rock back on left

## CROSS-¾ UNWIND TURN, CLAP & HIP BUMPS

33-34      Step right to right side, cross left over right  
35      Take weight on balls of feet & unwind ¾-turn right  
36      Clap  
37-40      Bump hips right twice then left twice

## PIVOT TURNS/JUMPS & CLAPS

41-42      Step forward on right, pivot ½-turn to left without lifting feet  
43-44      Step forward on right, pivot ½-turn to left without lifting feet  
&45-46      Jump forward quickly landing on right then left; clap  
&47-48      Jump forward quickly landing on right then left; clap

## REPEAT

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