

CMR Rah Rumba

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate rumba
编舞者: Stella Wilden (UK)
音乐: Meet Me in Corpus - Larry Joe Taylor



LEFT SIDE, TOGETHER, FORWARD, HOLD, RIGHT SIDE, TOGETHER, FORWARD, HOLD

- 1 Step left foot left
- 2 Step right foot next to left
- 3 Step left foot forward
- 4 Hold
- 5 Step right foot to side right
- 6 Step left foot next to right
- 7 Step right foot forward
- 8 Hold

LEFT ROCK FORWARD, ROCK BACK, ROCK FORWARD, ROCK BACK

- 9 Step left foot forward
- 10 Replace weight onto right foot
- 11 Step left foot back
- 12 Replace weight onto right foot
- 13 Step left foot forward
- 14 Replace weight onto right foot
- 15 Step left foot back
- 16 Replace weight onto right foot

STEP, HOLD, LEFT ½ TURN, HOLD, ROCK STEP

- 17 Step left foot forward
- 18 Hold
- 19 Pivoting on the ball of the left foot make ½ turn left and step back on right foot
- 20 Hold
- 21 Step back on the left foot
- 22 Replace weight onto right foot

STEP, HOLD, LEFT ½ TURN, HOLD, ROCK STEP

- 23 Step left foot forward
- 24 Hold
- 25 Pivoting on the ball of the left foot make ½ turn left and step back on right foot
- 26 Hold
- 27 Step back on the left foot
- 28 Replace weight onto right foot

LEFT STEP ¼ TURN LEFT, HOLD, STEP RIGHT TOGETHER, HOLD

- 29 Step left foot slightly forward and left making a ¼ turn to the left
- 30 Hold
- 31 Step right foot next to left
- 32 Hold

REPEAT