

CMR Heartbreak Road

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Stella Wilden (UK)
音乐: You'll Never Know - Ninon



RIGHT ROCK STEP, ½ TURN, ½ TURN RIGHT, RIGHT BACK SHUFFLE, LEFT ROCK STEP

- 1 Step forward right foot
- 2 Replace weight on to ball of left foot initiating ½ turn right
- 3 Step forward on right foot continuing another ½ turn right
- 4 Step back on left foot
- 5 Step back on right foot
- & Step left heel to right instep
- 6 Step back on right foot
- 7 Step back left foot
- 8 Replace weight on to right foot

FORWARD LEFT SHUFFLE, RIGHT SHUFFLE

- 9 Step forward left foot
- & Step right foot to left instep
- 10 Step forward left foot
- 11 Step forward right foot
- & Step left foot to right instep
- 12 Step forward right foot

LEFT ROCK STEP, ½ TURN, ½ TURN LEFT, LEFT BACK SHUFFLE, RIGHT ROCK STEP

- 13 Step forward left foot
- 14 Replace weight on to ball of right foot initiating ½ turn left
- 15 Step forward on left foot continuing another ½ turn left
- 16 Step back on right foot
- 17 Step back on left foot
- & Step right heel to left instep
- 18 Step back on left foot
- 19 Step back right foot
- 20 Replace weight on to left foot

FORWARD RIGHT SHUFFLE, LEFT SHUFFLE

- 21 Step forward right foot
- & Step left foot to right instep
- 22 Step forward right foot
- 23 Step forward left foot
- & Step right foot to left instep
- 24 Step forward left foot

RIGHT TOE HEEL TRIPLE IN PLACE

- 25 Touch right toe to left instep
- 26 Touch right heel to left instep
- 27&28 Step in place right, left, right

SWIVEL HEELS LEFT, RIGHT ¼ TURN LEFT, KICK BALL CHANGE

- 29 Swivel heels left
- 30 Swivel heels to right making a ¼ turn left

- 31 Kick forward with right foot
- & Replace weight on to right foot releasing weight on left foot
- 32 Replace weight on to left foot

REPEAT
