Clownin' Around

级数: Improver

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音乐: People Are Strange - The Doors

CROSS KICKS X4 WITH ARM STYLING

- 1 Cross step left in front of right while clapping hands
- 2 Low kick right foot out to right side, pose arms, right arm down at right diagonal towards the floor and left arm up at a left diagonal towards the ceiling palms facing forward fingers spread apart

Left arm and right leg should make a "line"

- 3 Cross step right in front of left while clapping hands
- 4 Low kick left foot out to left side, pose arms, left arm down at left diagonal towards the floor and right arm up at a right diagonal towards the ceiling palms facing forward fingers spread apart

Right arm and left leg should make a "line"

5-8 Repeat steps 1-4 above

1⁄4 TURN CROSS, ROCK, HOLD, RECOVER, CROSS BEHIND, 1⁄4 TURN, 1⁄2 TURN PIVOT

1-2 Cross step left in front of right making a ¼ turn left, rock out to right side with the ball of the right foot

Be sure to come up on the ball of the right foot on 2

- 3&4 Hold (still up on ball of right foot), drop right heel on the ground, step left foot slightly to left side
- 5-6 Cross step right behind the left, step left foot forward while making a ¼ turn left
- 7-8 Step forward onto ball of right, make a ½ turn left and change weight forward onto left

STEP, LOCK, STEP, BRUSH, ROCK, RECOVER, PUSH, STEP

- 1-2 Step right foot forward, lock step left behind right
- 3-4 Step right foot forward, brush left next to right
- 5-6 Rock forward onto left foot, recover weight back to right
- 7-8 Drag left foot back, step left foot slightly to left side

ROCK, RECOVER, CROSS STEP BEHIND, ¼ TURN, ¼ TURN & SWAY, SWAY, HOLD

- 1-2 Rock right foot out to right side, recover weight back to left
- 3-4 Cross step right behind left, make ¼ turn left stepping forward onto left
- 5-6 Make ¼ turn left stepping right foot out to right side and sway hips right, sway hips back to left

7-8 Sway hips back to right, hold

Weight should end on right

REPEAT

TAG:

On walls 1, 4, and 6, on count 8 of the last set of 8, sway hips back to the left, then add the following:	
1-4	Circle hips from left to right in a circle to the left
5-6	Push hips forward, push hips left
7-8	Push hips back, push hips right (weight ending on right)

BREAK

When doing the third wall, on count 29, don't sway your hips. Just stop and put both arms up at each diagonal palms forward and fingers spread apart on 5 and hold that pose for 6, 7, 8





拍数: 32

墙数: 2