

# The Clog

拍数: 80      墙数: 1      级数: Intermediate  
编舞者: Rob Fowler (ES)  
音乐: Hittin' the Hay - Rednex



**This was originally a Clogging Dance. It was adapted for Line Dancing by Rob Fowler. Also see "Rocky Top" by Unknown.**

- 1-4            Step forward on left foot, step forward on right foot, step forward on left foot, stomp right foot next to left foot (weight remains on left)
- 5-6            Step back on right foot, step back on left foot
- 7&8            Step back on right foot, step back on left foot, step slightly forward on right foot
- 9-16           Repeat counts 1-8 exactly as above
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- &17&18        Scuff left heel, step left foot in place, step right foot in place, step left foot in place
- &19&20        Scuff right heel, step right foot in place, step left foot in place, step right foot in place
- &21&22        Scuff left heel, step left foot in place, step right foot in place, step left foot in place
- &23&24        Scuff right heel, step right foot in place, step left foot in place, step right foot in place
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- 25-28         Step forward on left foot, cross right foot over left foot, step back on left foot, step right foot to right side
- 29-32         Step forward on left foot, cross right foot over left foot, step back on left foot, step right foot to right side
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- &33&34        Scuff left heel, step left foot in place, step right foot in place, step left foot in place
- &35&36        Scuff right heel, step right foot in place, step left foot in place, step right foot in place
- &37&38        Scuff left heel as you make a ¼ turn right, step left foot in place, step right foot in place, step left foot in place
- &39&40        Scuff right heel, step right foot in place, step left foot in place, step right foot in place
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- 41-44         Bump hips to the left four times
- 45-48         Bump hips to the right four times
- 49-50         Bump hips to the left twice
- 51-52         Bump hips to the right twice
- 53-54         Bump hips to the left twice
- 55-56         Bump hips to the right twice
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- &57&58        Scuff left heel, step left foot in place, step right foot in place, step left foot in place
- &59&60        Scuff right heel, step right foot in place, step left foot in place, step right foot in place
- &61&62        Scuff left heel as you make a ¼ turn left, step left foot in place, step right foot in place, step left foot in place
- &63&64        Scuff right heel, step right foot in place, step left foot in place, step right foot in place
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- 65-66         Step forward on left foot, make a ¼ turn left as you slap your right heel
- 67&68         Step right foot in place, step left foot in place, step right foot in place
- 69-70         Step forward on left foot, make a ¼ turn left as you slap your right heel
- 71&72         Step right foot in place, step left foot in place, step right foot in place
- 73-74         Step forward on left foot, make a ¼ turn left as you slap your right heel
- 75&76         Step right foot in place, step left foot in place, step right foot in place
- 77-78         Step forward on left foot, make a ¼ turn left as you slap your right heel
- 79&80         Step right foot in place, step left foot in place, step right foot in place

REPEAT

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