

Cleveland Shuffle

拍数: 64 墙数: 4 级数:
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音乐: Now That's All Right With Me - Mandy Barnett



PUMP, PUMP, COASTER STEP, PADDLE TURNS RIGHT

1-2 Pump right foot forward, pump right foot forward
3&4 Coaster step: step right back, step left together, step right forward
5-6 Step left forward, turn $\frac{1}{4}$ turn right
7-8 Step left forward, turn $\frac{1}{4}$ turn right

SHUFFLE FORWARD, $\frac{1}{2}$ TURN LEFT, $\frac{1}{2}$ TURN LEFT

9&10 Shuffle forward: left-right-left
11-12 Step right forward turning $\frac{1}{2}$ turn left, step left turning $\frac{1}{2}$ turn left

SHUFFLE FORWARD, $\frac{1}{4}$ TURN RIGHT

13&14 Shuffle forward: right-left-right
15-16 Step left forward, turn $\frac{1}{4}$ turn right (keep weight on right)

CROSS OVER, $\frac{1}{4}$ TURN LEFT, $\frac{1}{2}$ TURN LEFT SHUFFLE FORWARD

17-18 Step left across right, step right to right side turning $\frac{1}{4}$ turn left
19&20 Turn $\frac{1}{2}$ turn left shuffle forward: -left-right-left

SIDE ROCK, SIDE ROCK, CROSS SHUFFLE

21-22 Rock to right side on right, rock to left side on left
23&24 Cross over shuffle left: right-left-right

REVERSE $\frac{1}{4}$ TURN RIGHT, REVERSE $\frac{1}{2}$ TURN RIGHT, SHUFFLE FORWARD

25 Step left to left side turning $\frac{1}{4}$ turn (over right shoulder)
26 Step right back turning $\frac{1}{2}$ turn (over right shoulder)
27&28 Shuffle forward: left-right-left

ROCK FORWARD, ROCK BACK, ROCK BACK, ROCK FORWARD

29-30 Rock forward onto right, rock back onto left
31-32 Rock back onto right, rock forward onto left

$\frac{1}{2}$ TURN LEFT, SHUFFLE FORWARD, $\frac{1}{4}$ TURN RIGHT, $\frac{1}{2}$ TURN RIGHT

33-34 Step right forward, pivot $\frac{1}{2}$ turn left
35&36 Shuffle forward: right-left-right
37-38 Step left forward turning $\frac{1}{4}$ turn right, step on right turning $\frac{1}{2}$ turn right (over right shoulder)

CROSS, REVERSE $\frac{1}{4}$ TURN LEFT, $\frac{1}{4}$ TURN LEFT, CROSS

39-40 Step left across right, turning $\frac{1}{4}$ turn left step right back
41-42 Turning $\frac{1}{4}$ turn left step left to side, step right across left

SIDE, TOUCH TOE BEHIND, SIDE, TOUCH TOE BEHIND

43-44 Step left to left side, touch right toe behind left
45-46 Step right to right side, touch left toe behind right

ROCK FORWARD, ROCK BACK, $\frac{1}{2}$ TURN LEFT SHUFFLE FORWARD

47-48 Rock forward onto left, rock back onto right
49&50 Turn $\frac{1}{2}$ turn left (over left shoulder) shuffle forward: left-right-left

ROCK, ROCK, CROSS, ¼ TURN RIGHT, ¼ TURN RIGHT, CROSS

51-53 Rock to right side on right, rock to left on left side, cross right in front of left
54-55 Step left to left side turning ¼ turn right, step right to right turning ¼ turn right
56 Cross left in front of right

¼ TURN LEFT, ½ TURN LEFT, SHUFFLE FORWARD

57-58 Step right to right side turning ¼ turn left, step left to left turning ½ turn left
59&60 Shuffle forward: right-left-right

REVERSE ¼ TURN RIGHT, REVERSE ½ TURN RIGHT, ¼ TURN RIGHT SHUFFLE

61-62 Step on left turning ¼ turn right, step on right turning ½ turn right
63&64 Turning ¼ turn right-shuffle to left side: left-right-left

REPEAT

The dance ends on

Rock forward, rock back, ½ turn shuffle forward

Which will bring you back to the front. To complete the dance

Step right to right side

Touch left toe behind right as you touch the brim of your hat with right hand.
