

Claudette (P)

拍数: 76 墙数: 0 级数: Partner
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音乐: Claudette - Dwight Yoakam



Position: Man's right arm around lady's back, hand on her waist. Lady's left arm behind man's back, hand on his waist. Man leads with left foot, lady with right. Man's steps listed. Lady's are opposite

ROCK STEPS, TOGETHER, HOLD, HEEL TWIST

1-4 Step forward left, step back on right, step left next to right, hold
5-8 Step back on right, step forward left, step right next to left, hold
9-12 Twist heels left, twist toes left, twist heels left, twist toes center

Slide arms down so man lady are holding hands, man's right in lady's left

TRIPLE STEPS DOWN LOD

13&14 Left-right-left (turn $\frac{1}{4}$ right to face partner)
15&16 Right-left-right (turn $\frac{1}{4}$ left to face LOD)
17&18 Left-right-left (turn $\frac{1}{4}$ to face partner)
19&20 Right-left-right (turn $\frac{1}{4}$ to face LOD)

VINE, HEEL TWISTS, SWITCH SIDES, HEEL TWISTS, SWITCH SIDES

21-24 Step left (turn $\frac{1}{4}$ right), step right behind left, step left, step right next to left (hands joined in open double hand hold)

25-28 Twist heels left, hold, twist heels right, hold

29-32 Twist heels left, right, left, center (shift weight to right foot)

33-36 Step forward left, step forward right, step forward left turning $\frac{1}{2}$ right, step right next to left

Man crosses in front of lady, right shoulder to right shoulder. Do not let go of hands. Hands pass over lady's head ending in double cross hand hold, right over left

37-40 Twist heels left, hold, twist heels right, hold

41-44 Twist heels left, right, left, center, (shift weight to left foot)

45-48 Step forward right, step forward left, step forward right turning a $\frac{1}{2}$ left, touch left next to right

Man crosses in front of lady, left shoulder to left shoulder, keeping hands joined ending in open double hand hold

EAST COAST SWING BASIC

49-54 Left-right-left triple step, right-left-right triple step, step back on left, rock forward on right

On rock step, change hand hold to East Coast Swing position

KANSAS CITY STEPS

55-56 Step left with left foot ($\frac{1}{4}$ right to face partner), step right over left (turn to face LOD)

57-58 Repeat 55-56

59-62 Step forward left (facing LOD), step back on right, step back on left, step back on right ($\frac{1}{4}$ right to face partner)

63-66 Step left in front of right (towards RLOD), step right to right, step left behind right ($\frac{1}{4}$ left to face LOD) stomp right next to left

67-70 Kick left forward, stomp left by right, kick right forward, stomp right ($\frac{1}{4}$ right to face partner)

71-74 Kick left forward (lady kicks between man's legs), stomp right next to left, kick right forward (between lady's legs), stomp right next to left

75-76 Step back left ($\frac{1}{4}$ to face LOD letting go of lady's right hand, rock forward left (back in starting position)

REPEAT

