

# CJ Shuffle

拍数: 48                      墙数: 2                      级数: Intermediate  
编舞者: Carol Purton  
音乐: Smell That Bread - Wayne Hancock



## 2 X FLICKS FORWARD, COASTER STEP, 1 X FLICK FORWARD, COASTER STEP, STOMP

1-2                      Flick left forward twice  
3&4                      Step back left, step right beside left step forward left  
5                          Flick right forward  
6&7                      Step back right, step left beside right, step forward right  
8                          Stomp left forward

## TOE, HEEL, TRIPLE ½ TURN RIGHT (ON THE SPOT)

9-10                      Touch right toe to left instep, touch right heel to right diagonal  
11&12                      Triple step in place, right, left, right turning ½ to right

## SCUFF CROSS TWICE, SWEEP STEPS BACK TWICE

13-14                      Scuff left to left diagonal, cross left over right with weight  
15-16                      Scuff right to right diagonal, cross right over left with weight  
&                          Replace weight onto left  
17-18                      Sweep right toe from right side to back ending with weight on right  
19-20                      Sweep left toe from left side to back ending with weight on left

## FULL TURN RIGHT, FLICK AND CROSS, CHASSE, ROCK STEP BACK

21                          Step right ¼ turn right  
22                          On ball of right make ½ turn right stepping back left  
23                          On ball of left make ¼ turn right flicking right foot forward  
&24                          Step right beside left, cross left over right  
25&26                      Step side right, close left to right, step side right  
27-28                      Rock back left, rock forward onto right in place

## FULL TURN LEFT, FLICK AND CROSS, ROCK STEP BACK

29                          Step left ¼ turn left  
30                          On ball of left make ½ turn left stepping back right  
31                          On ball of right make ¼ turn left flicking left foot forward  
&32                          Step left beside right, cross right over left  
33&34                      Step side left, close right to left, step side left  
35&36                      Rock back right, rock forward onto left in place

## FLICK CROSS, STOMP FLICK, BALL CHANGE STEP TWICE

37&38                      Flick right forward, step right beside left, cross left over right  
39-40                      Stomp right beside left, flick left to left diagonal  
41&42                      Step ball of left back, step right in place, step left beside right  
43&44                      Step ball of right back, step left in place, step right beside left

## APPLEJACKS (FANCY FEET)

45                          With weight on right toe & left heel turn right heel left & left toe right  
&                          Both feet back to center ready to change weight  
46                          With weight on right heel & left toe turn right toe right & left heel right  
&                          Both feet back to center ready to change weight  
47&48&                      Repeat above counts 45&46&

REPEAT

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