City Stampede



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音乐: Everybody Gonfi Gon - City Slickers



The following 8 counts are done on balls of feet

1&	Step forward onto right toe swiveling right heel in towards left & swivel left heel in towards
	right, swivel both heel in opposite direction, right heel out to right side & left heel out to left
	side

2&3&4& Repeat both steps stepping forward onto left then forward onto right, then forward onto left

5&6&7& Step back onto left repeating above steps, back onto right, back onto left

8 Step back onto right swiveling both heels in only

& Jump both feet out

9-11 Jump both feet in cross right over left, jump both feet out, jump both feet together

&12 Quick heel splits (both heels out & in the air up on toes, heels 45 degrees off ground, bring

heels together)

13-15 Swivel both heels to right, swivel both heels to center, swivel both heels to left

16 Swivel both heels to the center

Swivel both heels to right & heels to center, quick swivet right center Scuff right forward, hitch right & scoot forward, stomp right beside left

21&22 Shuffle forward right-left-right

23-24 Rock forward left & back right

25&26 Turning on spot full turn left step left-right-left

27-28 Rock forward right, back left

29-32 Turning ¼ right step right to side, turning ¼ left rock forward onto left, rock forward right, rock

back left

33&34 Turn ½ turn right stepping right-left-right

35-36 Step forward left, touch right to right side

&37 Spring to the left jumping right to center, left to left side

&38&39 Spring left to center right forward at 45 degrees right, step right to center kicking left foot

forward

&40&41 Step left back step right back, step left forward scuff right

&42 Hitch right & make ¼ turn left on ball of left leg, stomp right together

43&44& Applejack, left center, right center 45-46 Rock forward left back right

47&48 Coaster step back left, back right, step forward left

The next 3-1/2 counts are done in a running action

49&50 Jump back on right, kick left forward

51&52 Step onto left, step forward right, step onto left, jump back onto right kicking left forward, step

onto left, scuff right

Turn ½ turn left on left leg, keep right hitched after scuff, stomp right together

54-55& Step right to right side, touch left toe behind right, bobbing down slightly, spring up don't

jump, spring up in bobbing motion

Touch left to left side, spring to left stepping right to center, left to left side (use hips)

58	Turn $\frac{1}{2}$ turn left on ball of right, stepping left to left side use left to push off turn in a springing motion
59&60 61&62	Cross right behind left, step left to left side, step right to right side Scuff left forward, jump up into air and click heels together, land with feet together
REPEAT	