

# Circuit

拍数: 32      墙数: 0      级数:  
编舞者: Maureen Jones (UK) & Michelle Jones (UK)  
音乐: Cripple Creek - Jim Rast & Knee Deep



Dancers stand in a circle facing inwards

## WALKS FORWARD, CLAP, WALKS BACK, CLAP

1-4              Walk forward on right, left, right, hold & clap hands at head height  
5-8              Walk back on left, right, left, hold & clap hands at knee height

## RIGHT, TOGETHER, RIGHT, KICK, LEFT, TOGETHER, LEFT, KICK

9-10            Step right to right, step left beside right  
11-12          Step right to right, kick left across right  
13-14          Step left to left, step right beside left  
15-16          Step left to left, kick right across left

## FORWARD, CLAP, STOMP, STOMP, BACK, CLAP, STOMP, STOMP

17-18          Step right forward, hold & clap hands forward  
19-20          Stomp left back, stomp right beside left  
21-22          Step left back, lean round to left and clap hands to outside of circle  
23-24          Stomp right forward, stomp left beside right (facing forward toward inner circle)

## RIGHT, TOGETHER, JUMP, HOLD, JUMP, HOLD, KNEE BEND

25-26          Step right to right, step left beside right  
&27-28        Jump right to right, jump left beside right, hold  
&29-30        Jump right to right, jump left beside right, hold  
31-32          Bend both knees, straighten both knees

**REPEAT**

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