

# Circle Of Life

拍数: 0                      墙数: 2                      级数: Improver  
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音乐: The Circle Of Life - The Disney Stars



## SECTION A

### STEP, TOGETHER, STEP, TOUCH WITH CLAP (RIGHT & LEFT)

1-2                      Side step right, step left beside right  
3-4                      Side step right, touch left beside right & clap  
5-6                      Side step left, step right beside left  
7-8                      Side step left, touch right beside left & clap

### RIGHT HEEL TAPS FORWARD, TOE TAPS BEHIND, VINE RIGHT

1-2                      Tap right heel forward twice  
3-4                      Tap right toe back twice  
5-6                      Side step right, step left slightly behind right  
7-8                      Side step right, touch left beside right

### LEFT HEEL TAPS FORWARD, TOE TAPS BEHIND, VINE LEFT

1-2                      Tap left heel forward twice  
3-4                      Tap left toe back twice  
5-6                      Side step left, step right slightly behind left  
7-8                      Side step left, touch right beside left

### SIDE STEP, CLAP, TOUCH, CLAP (RIGHT & LEFT)

1-2                      Side step right, clap  
3-4                      Touch left beside right, clap  
5-6                      Side step left, clap  
7-8                      Touch right beside left, clap

## SECTION B

### 360 TURN LEFT WITH ARMS

1-2                      Pivot left foot, slide right foot to begin circle left  
Right foot moves  $\frac{1}{4}$  turn. Move hips around to the left, raise arms above head and circle arms to the left  
3-8                      Repeat 1-2 three more times

### STEP SLIDES X 4

1-2                      Step left to back diagonal, slide right & touch  
3-4                      Step right to back diagonal, slide left & touch  
5-6                      Step left to back diagonal, slide right & touch  
7-8                      Step right to back diagonal, slide left & step down

### SMALL LEAPS FORWARD

1-2                      Angle toward left diagonal, side step right, step left beside right  
3-8                      Repeat 1-2 three more times  
Use your arms to as an animal's paws to help show a leaping motion

### TOE HEEL STRUTS (MOVING RIGHT & FACING 12:00)

1-2                      Side step right toe, slap right heel down  
3-4                      Cross step left toe, slap left heel down (in front of right)  
5-6                      Side step right toe, slap right heel down  
7-8                      Cross step left toe, slap left heel down (in front of right)

### **RIGHT HITCH, LEFT HITCH, RIGHT HITCH TWICE**

- 1-2 Hitch right foot right, step right
- 3-4 Hitch left foot left, step left
- 5-6 Hitch right foot right, touch right
- 7-8 Hitch right foot right, step right

### **LEFT HITCH, LEFT HITCH, LEFT HITCH TWICE**

- 1-2 Hitch left foot left, step left
- 3-4 Hitch right foot right, step right
- 5-6 Hitch left foot left, touch left
- 7-8 Hitch left foot left, step left

### **HALF TURN LEFT WITH ARMS**

- 1-2 Pivot left foot, slide right foot to begin half circle left 1/8 turn
- Move hips around to the left. Raise arms above head and circle arms to the left**
- 3-8 Repeat 1-2 three more times (6:00)

### **STEP SLIDES X 4**

- 1-2 Step left to back diagonal, slide right & touch
- 3-4 Step right to back diagonal, slide left & touch
- 5-6 Step left to back diagonal, slide right & touch
- 7-8 Step right to back diagonal, slide left & step down

**Repeat one more time, then:**

### **STEP, TOGETHER, STEP, TOUCH WITH CLAP (RIGHT & LEFT)**

- 1-2 Side step right, step left beside right
- 3-4 Side step right, touch left beside right & clap
- 5-6 Side step left, step right beside left
- 7-8 Side step left, touch right beside left & clap

### **RIGHT HEEL TAPS FORWARD, TOE TAPS BEHIND, VINE RIGHT**

- 1-2 Tap right heel forward twice
- 3-4 Tap right toe back twice
- 5-6 Side step right, step left slightly behind right
- 7-8 Side step right, touch left beside right

### **LEFT HEEL TAPS FORWARD, TOE TAPS BEHIND, VINE LEFT**

- 1-2 Tap left heel forward twice
- 3-4 Tap left toe back twice
- 5-6 Side step left, step right slightly behind left
- 7-8 Side step left, touch right beside left

### **SIDE STEP, CLAP, TOUCH, CLAP (RIGHT & LEFT)**

- 1-2 Side step right, clap
- 3-4 Touch left beside right, clap
- 5-6 Side step left, clap
- 7-8 Touch right beside left, clap

### **STEP, TOGETHER, STEP, TOUCH WITH CLAP (RIGHT & LEFT)**

- 1-2 Side step right, step left beside right
  - 3-4 Side step right, touch left beside right & clap
  - 5-6 Side step left, step right beside left
  - 7-8 Side step left, touch right beside left & clap
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