

Cindai

拍数: 0 墙数: 2 级数: Intermediate
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音乐: Cindai - Siti Nurhaliza



Sequence: A, Tag 1, A, Tag 2, A, B, B, A, Tag 2, A, Tag 1, A, Tag 2, A, B, B, B, B
Start at the syllable "na" from "Cindailah mana". Alternatively, you may start with part B and end with Tag1. In this case, you should start on the 3rd beat

PART A

2 WALKS FORWARD, TOUCH POINT, 2 SMALL WALKS FORWARD, STEP BACK, HOOK

- 1-2 Walk forward right, walk forward left
- 3-4 Touch right beside left bending left knees slightly, point right to right side with left knee straightened up, head look right
- 5-6 Walk forward right, walk forward left (with small steps)
- 7-8 Step back on right, hook left across right knee

2 WALKS FORWARD, TOUCH POINT, 2 SMALL WALKS FORWARD, STEP BACK, HOOK

- 1-2 Walk forward left, walk forward right
- 3-4 Touch left beside right bending right knees slightly, point left to left side with right knee straightened up, head look left
- 5-6 Walk forward left, walk forward right (with small steps)
- 7-8 Step back on left, hook right across left knee

STEP FORWARD, LEFT, BEHIND SIDE CROSS, SIDE ROCK CROSS

- 1-2 Step right forward, step left to left side
- 3-4 Step right behind left, step left to left side
- 5-6 Cross right over left, rock left to left side
- 7-8 Recover on right, cross left over right

SIDE CROSS SIDE CROSS SIDE CROSS TOUCH

- 1-2 Step right to right side (angling body diagonally facing 10:00), cross left over right (angling body diagonally facing 1:00)
- 3-4 Step right to right side (angling body diagonally facing 10:00), cross left over right (angling body diagonally facing 1:00)
- 5-6 Step right to right side (angling body diagonally facing 10:00), cross left over right (angling body diagonally facing 1:00)
- 7-8 Step right to right side, touch left next to right

Part A ends with a step (instead of a touch) if no tag follows

PART B

DIAGONAL FORWARD CHA-CHA RIGHT AND LEFT, DIAGONAL BACK CHA-CHA RIGHT AND LEFT

- 1&2 Step right diagonally forward right, lock left behind right, step right diagonally forward right
- 3&4 Step left diagonally forward left, lock right behind left, step left diagonally forward left
- 5&6 Step right diagonally back right, lock left in front of right, step right diagonally back right
- 7&8 Step left diagonally back left, lock right in front of left, step left diagonally back left

DIAGONAL FORWARD CHA-CHA RIGHT AND LEFT, DIAGONAL BACK CHA-CHA RIGHT AND LEFT

- 1&2 Step right diagonally forward right, lock left behind right, step right diagonally forward right
- 3&4 Step left diagonally forward left, lock right behind left, step left diagonally forward left
- 5&6 Step right diagonally back right, lock left in front of right, step right diagonally back right
- 7&8 Step left diagonally back left, lock right in front of left, step left diagonally back left

DIAGONAL WALKS RIGHT, TOUCH, DIAGONAL WALKS LEFT, TOUCH

- 1-4 Walk diagonally right forward stepping right, left, right, $\frac{1}{4}$ turn left touching left next to right (facing 10:00)
- 5-8 Walk diagonally left forward stepping left, right, left, $\frac{1}{4}$ turn right touching right next to left (facing 1:00)

DIAGONAL WALKS RIGHT, TOUCH, 1½ HINGE TURN LEFT, TOUCH

- 1-4 Walk diagonally right forward stepping right, left, right, $\frac{1}{4}$ turn left touching left next to right (facing 10:00)
- 5-6 $\frac{1}{2}$ turn left (straightening up to back wall) by stepping left, $\frac{1}{2}$ turn left (straightening up to front wall) by stepping right back
- 7-8 $\frac{1}{2}$ turn left (straightening up to back wall) by stepping left back, touch right next to left

Easier option for steps 5-8:

- 5-6 $\frac{1}{2}$ turn left (straightening up to back wall) by stepping left, walk forward on right
- 7-8 Walk forward on left, touch right next to left

Last sequence of B (to end):

- 29-32 Half turn left, pivot turn close

TAG 1

- 1-2 Step left to left side, cross right over left
- 3-4 Unwind $\frac{1}{2}$ turn left, bending knees slightly

Styling options: on count 2, place left hand in front of chest, palm facing right while right hand to the right, palm outwards and right elbow slightly bent. Unwind counts 3-4 with the arms in this position

TAG 2

- 1-2 $\frac{1}{4}$ turn left by stepping left forward, touch right beside left
- 3-4 Step right to right side, touch left beside right
- 5-8 Repeat 1-4
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