

Christmas Rock

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Improver
编舞者: Nina Clark & Mary Wild
音乐: I Only Want You for Christmas - Alan Jackson



BACK ROCK, RIGHT ROCK, HEEL & TOE STRUTS

- 1 Rock right behind left
- 2 Rock forward on left
- 3 Rock right to right side
- 4 Rock onto left in place
- 5 Step forward on right heel
- 6 Drop right toe to floor taking weight
- 7 Step forward on left toe
- 8 Drop left heel to floor taking weight

FORWARD ROCK, BACK ROCK, HOLD, BACK ROCK, LEFT ROCK

- 9 Rock forward on right
- 10 Rock back on left
- 11 Rock back on right
- 12 Hold
- 13 Rock left behind right
- 14 Rock forward on right
- 15 Rock left to left side
- 16 Rock onto right in place

HEEL & TOE STRITS, FORWARD ROCK, BACK ROCK, HOLD

- 17 Step forward on left heel
- 18 Drop left toe to floor taking weight
- 19 Step forward on right toe
- 20 Drop right heel to floor taking weight
- 21 Rock forward on left
- 22 Rock back on right
- 23 Rock back on left
- 24 Hold

RIGHT & LEFT STEP OUT, RIGHT & LEFT STEP IN, BACK STRUTS

- 25 Step right foot out to right
- 26 Step left foot out to left, (feet apart)
- 27 Step right foot back to place
- 28 Step left foot back to place
- 28 Step right toe back
- 29 Drop right heel to floor taking weight
- 31 Step left toe back
- 32 Drop left heel to floor taking weight

RIGHT & LEFT SHUFFLES FORWARD, HIP SWAYS

- 33&34 Step forward right, step left beside right, step forward right
- 35&36 Step forward left, step right beside left, step forward left
- 37-40 Step right to right side and sway hips-right-left-right-left

KICK BALL POINT, CROSS UNWIND, HIP SWAYS

- 41 Kick right foot forward
- & Step right beside left
- 42 Touch left toe to left side
- 43 Cross left over right
- 44 Unwind $\frac{1}{2}$ turn right
- 45-48 Step right slightly forward and sway hips-right-left-right-left

REPEAT
