

Choo Choo Cha

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Terry Hogan (AUS)
音乐: Choo Choo Cha Cha - Rinky Dinks



- 1-2 Step forward right-left
3&4 Cha-cha forward right-left-right
5-6 Step left forward, make ½ pivot turn right stepping forward onto right foot
7&8 Cha-cha left-right-left making a full turn right and traveling slightly forward
- 9-10 Long slide-step forward on right foot, slide left foot beside right
11-12 Step down on left foot pushing hips left and right knee forward, step down on right foot pushing hips right and left knee forward
13&14 Step left foot backward, step right beside left, step left forward (coaster)
15-16 Rock-step right foot forward, rock backward onto left
- 17&18 Step right across in front of left, step left to the left side, step right across in front of left (cross shuffle)
19-20 Make ¼ turn left on ball of right foot and step left foot forward, point/touch right toe to the side
& Make ¼ turn right on ball of left foot
21-24 Repeat previous counts 17-20
- 25-26 Step down on right foot (to the side), step left beside right
27&28 Step right across in front of left, step left to the left side, step right across in front of left (cross shuffle)
29-30 Step left forward, make ½ pivot turn right stepping forward onto right foot
31-32 Step forward left-right making a full turn right and using both steps to turn
- 33-34 Step forward left-right
35&36 Cha-cha forward left-right-left
37-38 Step right forward, make ¼ pivot turn left taking weight onto left foot
39&40 Step right across in front of left, step left to the left side, step right across in front of left (cross shuffle)
- 41-42 Rock-step left foot to the side, push-replace weight onto right foot and make ½ turn left
43 Step left foot to the side
44 Make ½ turn left on ball of left foot and step right to the side
45-46 Rock-step left foot across behind right, rock forward onto right
47&48 Step on ball of left to the side, step onto ball of right, step onto left foot - this is simply a cha-cha with the feet slightly apart and done on the balls of the feet
49-50 Step right forward, make ½ pivot turn left stepping forward onto left foot
51-52 Slide-step right foot forward pushing ball of foot into floor and knee forward, hold
53&54 Cha-cha forward left-right-left
55-56 Slide-step right foot forward pushing ball of foot into floor and knee forward, hold
- 57-58 Make ¼ turn left on ball of right foot and step left foot forward, touch right toe beside left foot
59&60 Cha-cha forward right-left-right
61-62 Touch left toe beside right foot pushing left knee forward, hold
& Step backward on ball of left foot
63 Step forward on right
64 Twist on ball of right foot to make ¼ turn left and step left foot forward

REPEAT
