

Chingford Cha Cha

COPPER KNOB
BY SHEETS

拍数: 64 墙数: 4 级数: Intermediate Cha Cha
编舞者: Michele Perron (CAN)
音乐: Un-Break My Heart - Johnny Mathis



Alt. music:-

IT MUST BE LOVE (C/W) Ty Herndon (fast)
TO BE LOVED BY YOU (C/W) (Teach) Wynonna Judd

Introduction: 48 Counts, Dance begins on vocals CCW Rotation

[1-9] SIDE, CROSS-ROCK/BACK, CROSS-ROCK/BACK, CHA CHA CHA, CROSS-ROCK/BACK

1,2,3 RIGHT Step to side R; LEFT Rock/Step across front of R; RIGHT Rock/Step back
4,5 LEFT Rock/Step across front of R; RIGHT Rock/Step back
6&7 LEFT Cha Cha Cha to side L
8,1 RIGHT Rock/Step across front of L; LEFT Rock/Step back

[10-17] CROSS-ROCK/BACK; CHA CHA CHA, FORWARD-ROCK/BACK, CHA CHA CHA

2,3 RIGHT Rock/Step across front of L; LEFT Rock/Step back
4&5 RIGHT Cha Cha Cha to side R with 1/4 Turn R on Count 5 (3 o'clock)
6,7 LEFT Rock/Step forward; RIGHT Rock/Step back
8&1 LEFT Cha Cha Cha back (Option: 'Locking' Cha Cha)

[18-25] BACK-ROCK/FORWARD, CHA CHA CHA, FORWARD-TURN, FORWARD, DRAG

2,3 RIGHT Rock/Step back; LEFT Rock/Step forward (Option: Left Toe/Tap in front of R on '&' before Count 3)
4&5 RIGHT Cha Cha Cha forward (Option: 'Locking' Cha Cha)
6,7 LEFT Toe/Ball Step forward; Execute 1/2 Turn R, weight ends on Left (9 o'clock)
8,1 RIGHT slightly large Step forward; Slide LEFT to behind R heel, L knee bent, L toe on floor, heel raised

[26-3] SIDE-&-ACROSS, CHA CHA CHA, TURN/FORWARD, DRAG, SIDE-&-ACROSS

2&3 LEFT Rock/Step to side L, RIGHT Rock/Step to side R, LEFT Step across front of R
4&5 RIGHT Cha Cha Cha forward
6 LEFT slightly large Step forward with 1/4 Turn L (6 o'clock)
7 Slide RIGHT to behind L heel, R knee bent, R Toe on the floor, heel raised
8&1 RIGHT Rock/Step to side R, LEFT Rock/Step to side L, RIGHT Step across front of L

[34-41] CHA CHA CHA, FORWARD, ROCK/BACK, CHA CHA CHA, CHA CHA CHA

2&3 LEFT Cha Cha Cha forward
4,5 RIGHT Rock/Step forward; LEFT Rock/Step back
6&7 RIGHT Cha Cha Cha forward with 1/2 Turn R (Option: 'Locking' Cha Cha) (12 o'clock)
8&1 LEFT Cha Cha Cha forward (Option: 'Locking' Cha Cha)

[42-49] SIDE TOGETHER, CHA CHA CHA, CROSS-ROCK/BACK, CHA CHA CHA

2,3 RIGHT Step to side R; LEFT Step next to R
4&5 RIGHT Cha Cha Cha to side R
6,7 LEFT Rock/Step across front of R; RIGHT Rock/Step back
8&1 LEFT Cha Cha Cha to side L with 1/4 Turn L on Count 1(9 o'clock)

[50-57] FORWARD, ROCK/BACK, CHA CHA CHA BACK: R, L, R

2,3 RIGHT Rock/Step forward; LEFT Rock/Step back
4&5 RIGHT Cha Cha Cha back (Option: 'Locking' Cha Cha)

6&7 LEFT Cha Cha Cha back (Option: 'Locking' Cha Cha)
8&1 RIGHT Cha Cha Cha back (Option: 'Locking' Cha Cha)

[58-64] BACK, ROCK/FORWARD, TOUCH, ACROSS, TOUCH, ACROSS, TOGETHER

2,3 LEFT Rock/Step back; RIGHT Rock/Step forward
4,5 LEFT Touch to side L; LEFT Step forward and across front of R
6,7,8 RIGHT Touch to side R; RIGHT Step forward and across front of L; LEFT Step next to R

BEGIN AGAIN

Contact: michele.perron@gmail.com

Last Update - 6 Sept. 2020
