Chilly Cha Cha

拍数: 32

级数:

编舞者: A.T. Kinson (USA)

音乐: Chilly Cha Cha - Jessica Jay

SIDE, TOGETHER, BACK, RIGHT-LOCK-STEP, STEP ½ PIVOT, CROSS-SIDE-TOGETHER

- 1-2 Step left to left side, step right next to left
- 3 Step back with left
- 4&5 Step forward right, lock step left crossing behind right, step forward right
- 6-7 Step forward left, pivot 1/2 turn right
- 8 Step left across right angling body 1/8 turn left
- &9 Step right to right side, step left next to right

CROSS-SIDE-TOGETHER, CROSS, POINT, CROSS, POINT & WRAP, BACK-ROCK-TOGETHER

- 10 Step right across left angling body 1/4 turn right
- &11 Step left to left side, step right next to left
- 12 Step forward left angling body 1/8 turn left
- 13 Point right toe to right side, no weight
- 14 Step right directly in front of left
- 15 Point left toe to left side and cross arms to shoulder wrap

Wrap your arms around your upper body as though trying to warm yourself up. It's a sharp movement, so don't crack a rib in the process. That's the "chilly" part of the dance.

16&17 Rock back with left, recover weight to right, step left next to right

On 16&17, lift your arms up and brush your hair down (right hand on right side, left hand on left side) and then move down to your upper body.

BACK-ROCK, RIGHT-LOCK-STEP, FORWARD-ROCK, BEHIND-SIDE-STEP

- 18-19 Rock back with right, recover weight to left
- On 18-19, move your hands down your waist and onto your rear, each hand to it's respective cheek
- Step forward right, lock step left crossing behind right, step forward right 20&21
- 22-23 Rock forward left, recover weight to right
- 24 Step back with left crossing behind right, feet slightly apart
- Step right to right side, step left forward directly in front of right &25

FORWARD-ROCK, BACK-TURN-STEP, WALK, WALK, ROCK & SIDE (WHERE "SIDE" IS COUNT 1)

- 26-27 Rock forward with right, recover weight to left
- 28&29 Step back right, turning 1/4 left step forward left, step forward right
- On 28&29, slap both buttocks, again with their respective hands on each cheek
- 30 Step left forward slightly across right, Latin-walk
- 31 Step right forward slightly across left, Latin-walk
- 32& Rock forward left, recover weight to right

REPEAT





墙数: 4