

Chicks Dig It

拍数: 48 墙数: 4 级数: Improver
编舞者: Mikael Mölsä (FIN)
音乐: Chicks Dig It - Chris Cagle



STEP, STEP, SAILOR STEPS, STEP ¾ TURN

- 1-2 Step forward on right, step forward on left
3&4 Step right behind left, step left next to right, step right to right side
5&6 Step left behind right, step right next to left, step left to left side
7-8 Step forward on right, turn ¾ turn to left on the ball of right foot (weight remains on right)

You should now be facing 3:00

"HIP BOX" AKA TURNING HIP BUMPS

- 1&2 Step left to side and bump hips to left, then back to right, then to left again
3&4 (Turning ¼ to left) step right to side and bump hips to right, then back to left, then to right again
5&6 (Turning ¼ to left) step left to side and bump hips to left, then back to right, then to left again
7&8 (Turning ¼ to left) step right to side and bump hips to right, then back to left, then to right again

You should now be facing 6:00

STEP, STEP, TOE TOUCHES FRONT AND BACK, STEP, TOE TOUCHES FRONT AND BACK, ½ TURN LEFT

- 1-2 Step forward on left, step forward on right
3-4 Touch left toe front (upper body leaning back), touch left toe back (upper body leaning slightly forward)
5 Step forward on left
6-7 Touch right toe front (upper body leaning back), touch right toe back (upper body leaning slightly forward)
8 Turn ½ to right (weight ends up on right)

You should now be facing 12:00

SHUFFLE FORWARD, STEP, CLAP, BEHIND-SIDE-CROSS, SIDE STEP, CLAPS

- 1&2 Step forward on left, step right next to left, step forward on left
3-4 Step right slightly diagonally forward, clap
5&6 Step left behind right, step right to right side, step left over right
7 Step right slightly diagonally forward
&8 Clap hands twice

You should now be facing 12:00

SHUFFLE TURNING ¼ TO LEFT, ½ TURN HEEL BOUNCES, COASTER STEP, KICK BALL CHANGE

- 1&2 Step left to left side, step right next to left, turn ¼ to left and step forward on left
3&4 Step forward on right (3), bounce heels twice making ½ turn left (&4) (weight ends on right)
5&6 Step left back, step right next to left, step left forward
7&8 Kick right forward, step right next to left, step left next to right

TURNING TOE-STRUT, TURNING TOE-STRUT, HIP BUMPS, HIP ROLL

- 1-2 (Turning ¼ to left) touch right toe to side, (turning ¼ to left) step right heel down and snap fingers
3-4 (Turning ¼ to left) touch left toe forward, (turning ¼ to left) step left heel down and snap fingers
5&6 Step right forward and bump hips forward, then back, then forward again

7-8 Roll hips to the left for a full turn for 2 counts (weight ends up on left)
You turn a total of 1 full turn on counts 1-4

REPEAT
