

Cheyenne

拍数: 32 墙数: 4 级数: Improver
编舞者: Jan Wyllie (AUS)
音乐: Old Cheyanne - Joe Nichols



STEP ¼ TURN RIGHT TOUCH, ROCK RETURN, STEP BEHIND SIDE ACROSS, STEP ¼ LEFT

1-2 Making a ¼ turn right take a big step to the right side, touch left beside right
3-4 Rock/step left to left, rock/return weight to right
5&6 Step left behind right, step right to right, step left across right
7-8 Step right to right, making ¼ turn left step forward on left

SHUFFLE FORWARD, ½ TURN TOE STRUT, ½ TURN SHUFFLE, STEP ¼ TURN PIVOT

9&10 Shuffle forward right, left, right
11-12 Making ½ turn right toe strut back on left
If you don't like turns just toe strut forward
13&14 Making a further ½ turn right back over right shoulder shuffle forward right, left, right
If you don't like turns then just shuffle forward
15-16 Step forward on left, pivot ¼ right transferring weight to right

STEP ACROSS ROCK RETURN X 3, LEFT HEEL JACK

The next set of 8 steps move forward slightly

17-18-19 Step left over right, step right to right, step left to left
20-21-22 Step right over left, step left to left, step right to right
23&24 Step left over right, step right beside left, touch left heel to left diagonal (heel jack)

& ROCK RETURN, TOE STRUT BACK, SHUFFLE BACK, TOUCH UNWIND ½ RIGHT

&25-26 Step left beside right, rock/step forward on right, rock back on left
27-28 Toe strut back on right
29&30 Shuffle back left, right, left
31-32 Touch right toe back, unwind ½ turn right transferring weight to left
If you don't like turns, sorry but you'll have to do this one. After the shuffle just do a half turn on the spot stepping right, left, be prepared to start the dance again with a ¼ turn right

REPEAT

TAG

At the end of wall 4.

1-2-3-4 Rock/step back on right. Rock forward on left, step forward on right, hold
5-6-7-8 Rock/step forward on left, rock back on right, step back on left, hold