Cherry Bomb

拍数: 64

级数: Improver

编舞者: Derek Langevin (CAN)

音乐: Cherry Bomb - Joan Jett & The Blackhearts

CROSS, SIDE, ¼ TURN RIGHT, POINT, CROSS, SIDE, SAILOR STEP

- 1-2 Cross right foot in front of left, step left out to left side
- 3-4 ¹⁄₄ Turn right while stepping back on right, point left toe back
- 5-6 Cross left foot with a 1/4 turn left in front of right (face forward), step right out to right side
- 7&8 Step left foot behind right, step right beside left, step left out to left side

TWIST HEELS AND TOES, ROCK, RECOVER, CROSS SHUFFLE

- 9-10 Slide right foot to beside left while twisting heels to left, twist toes to left
- 11-12 Twist heels to left, twist toes to center
- 13-14 Rock right foot to right, recover on left
- 15&16 Cross right over left, shuffle left behind right, step right to left

1/2 TURN TO REAR WALL, SHUFFLE, TOE STRUTS

- 17-18 Step left foot out to left, ¹/₂ turn over right shoulder stepping forward on right
- 19&20 Step forward on left, shuffle right beside left, step left forward
- 21-22 Point right toes forward, drop right heel to floor shifting weight to right foot
- 23-24 Point left toes forward, drop left heel to floor, shifting weight to left

1/4 TURN TWICE, HEEL SWITCHES, LEFT CROSS

- 25-26 Step forward on right, ¼ turn left on balls of feet
- 27-28 Step forward on right, ¼ turn left on balls of feet (weight ending on left)
- 29& Tap right heel forward, step right beside left
- 30& Tap left heel forward, step left beside right
- 31&32 Tap right heel forward, step right beside left, cross left foot over right

1/2 TURN MONTEREY TWICE

- 33-34 Touch right foot out to right side, ½ turn over right shoulder stepping right foot beside left foot
- 35-36 Touch left foot out to left, touch left beside right
- 37-38 Touch left foot out to left side, ½ turn over left shoulder stepping left foot beside right foot
- 39-40 Touch right foot out to right side, touch right foot beside left

SHIMMY, CLAP, KICKBALL TOUCH X2

41-44 Step right foot to right side (weight even on both feet) and shimmy upper body for 4 counts, stopping and clapping on count 4

Begin shimmy as you step out: also, shift all weight to left when you clap

45&46 Kick right foot forward, step right foot beside left, touch left foot to left side

47&48 Kick left foot forward, step left foot beside right, touch right foot to right side

The shimmy is done as she sings ?ch-ch-ch-ch-ch? and the kickball touches are done as she sings ?cherry bomb!?

COASTER STEP, STEP ½ TURN, ROCK, RECOVER, COASTER STEP

- 49&50 Step back on right foot, step left beside right, step right forward
- 51-52 Step forward on left foot, ¹/₂ turn over right shoulder
- 53-54 Step forward on left foot, recover on right
- 55&56 Step back on left foot, step right beside left, step forward on left

SHIMMY, CLAP, KICKBALL TOUCH X2





墙

墙数:2

57-60 Step right foot to right side (weight even on both feet) and shimmy upper body for 4 counts, stopping and clapping on count 4

Begin shimmy as you step out: also, shift all weight to left when you clap

61&62 Kick right foot forward, step right foot beside left, touch left foot to left side

63&64 Kick left foot forward, step left foot beside right, touch right foot to right side

The shimmy is done as she sings ?ch-ch-ch-ch-ch? and the kickball touches are done as she sings ?cherry bomb!?

REPEAT

TAG

At the end of wall 3, repeat last 8 counts (shimmy and kickball touches) once At the end of wall 4, the words ?cherry bomb? are repeated over and over. Keep repeating last 8 counts until she stops

ENDING (OPTIONAL)

At the end of the song, you'll be in the position where your right foot is touching to the right side. The music then winds down for a few counts before an explosion is heard. During the pause, slowly slide right foot to beside left and suddenly thrust one hand out forward when the explosion goes off