

Cheetah

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Masters In Line (UK)
音乐: Cheater - Michael Jackson



WALK RIGHT, LEFT, RIGHT, ROCK, RECOVER, STEP, TAP, STEP, ROCK, BALL-CROSS

1-2-3 Walk forward right, left, right
&4 Rock left out to left side, recover weight onto right
5&6 Cross left over right, tap right beside left, step right to right diagonal
7&8 Rock weight back onto left, step right beside left, cross step left over right

HIP BUMPS, HOLD, BUMP, HITCH, ¼ LEFT, ¼ LEFT, ½ SAILOR LEFT

1&2 Step right to right side bumping hips right, left, right
3 Hold
&4 Bump hips left, bump hips right while hitching left
5-6 Turn ¼ left stepping onto left, turn ¼ left stepping right to right side
7&8 Left sailor turning ½ turn left

TOUCH, FULL TURN RIGHT, LEFT ROCK AND CROSS, ROCK, RECOVER, ½ TURN RIGHT, ROCK, RECOVER

1-2 Touch right to right side, full turn right transferring weight to right
3&4 Rock left to left side, recover weight onto right, cross step left over right
5-6 Rock right to right side, recover weight onto left
& Turn ½ turn right stepping right next to left
7-8 Rock left to left side, recover weight onto right

CROSS, ROCK RECOVER, CROSS, ROCK RECOVER, STEP LEFT, BUMP AND HITCH ¼ LEFT (X3)

1&2 Cross step left over right, rock right to right side, recover weight onto left
3&4 Cross step right over left, rock left to left side, recover weight onto right
5 Step forward left
6 Keeping weight on left, hitch right and turn ¼ left while bumping right hip
7 Keeping right hitched, bump right hip to turn another ¼ turn left
8 Keeping right hitched, bump right hip to turn another ¼ turn left

CROSS AND HEEL, STEP TOUCH, ¼ TURN LEFT TOUCH, FULL TURN RIGHT, TOUCH

1&2 Cross step right over left, step left to left side, touch right heel forward
&3 Step right next to left, touch left next to right
&4 Turn ¼ turn left stepping left to left side, touch right toes to right side
5-6 Turn ¼ right stepping onto right, turn ½ right stepping onto left
7-8 Turn ¼ right stepping onto right, touch left toes to left side pulling right shoulder back

¼ LEFT, HITCH, FLICK, CROSS, FULL UNWIND LEFT, OUT, OUT, IN, IN, FORWARD, FORWARD, BACK, BACK

1 Turn ¼ turn left stepping onto left
&2 Hitch right flicking right ankle to right, keeping right hitched flick right ankle to left
3-4 Cross step right over left, unwind full turn left ending with weight on left
&5 Step right out to right side, step left out to left side
&6 Return right to place, return left to place
&7 Step right forward, step left forward
&8 Step right back, step left back

REPEAT
