

# Check 1,2

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Chris Godden (UK)  
音乐: Rock Your Body - Stagga Lee



## Start with feet shoulder width apart

- 1&2      ¼ turn left on balls of feet, close left to right, step forward right  
3&4      ¼ turn left on balls of feet, flick right behind left, step right to right  
5&6      Tap left to right twice, step left to left  
7-8      Close right to left, swivel ¼ turn right (bend & straighten knees)
- 1-2&      Right diagonal forward, cross left behind right, replace weight on right  
3-4&      Left diagonal forward, cross right behind left, replace weight on left  
5-6      Step right to right side, cross left behind right  
7-8      Turn ¾ left, flick right hand over left shoulder
- 1-2      Step back side right, step back side left  
3-4      Step forward side right, step forward side left  
5-8      Rock right left right left while completing ¼ turn left (in swat position)
- 1-2      Step back side right, step back side left  
3-4      Step forward side right, step forward side left  
5-6      Raise right knee while leaning head to left and left arm forward, step right to right  
7-8      Raise left knee while leaning head to right and right arm forward, step left to left

## REPEAT

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