

Cool Breeze

拍数: 48 墙数: 0 级数:
编舞者: John Pannell (AUS)
音乐: If You Just Let Me Into Your Heart - Mary Chapin Carpenter



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- 1-4 Shuffle sideways left commencing with right foot across right-left-right, step left to left side, rock back onto right
- 5-8 Shuffle sideways right commencing with left foot across right left-right-left, step right to right side, rock back on left
- 9-12 Reggae - cross right foot in front of left, step back on left, step right to side, step left together while turning $\frac{1}{4}$ turn left
- 13-16 Shuffle forward right-left-right, step forward on left, turn $\frac{1}{2}$ turn right
- 17-20 Shuffle forward left-right-left, step forward on right, turn $\frac{1}{2}$ turn left while hitching left knee
- 21-24 Walk forward left-right-left-kick right foot forward
- 25-26 Walk back right-left-right, step left back behind right,
- 27&28 Step right in front of left
- 29-30 Vine left-left-right-turn $\frac{1}{4}$ turn left on left foot-
- 31&32 Ball change-right-left
- 33-34 Step forward right toe, drop heel
- 35&36 Step back on left, step back on right, forward on left
- 37-40 Repeat last four beats
- 41-48 Step forward on right toe, drop heel turning $\frac{1}{4}$ turn right, step back on left toe, drop heel turning $\frac{1}{2}$ turn right, step forward on right toe, drop heel turning $\frac{1}{4}$ turn right, step forward left toe, drop heel

REPEAT
