

# Coo'in' & A Woon'in'

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Michael Barr (USA)  
音乐: Itty Bitty Little Single Solitary Piece Of My Heart - Lari White



## CROSS-BALL-CHANGE, CROSS- $\frac{1}{4}$ LEFT - $\frac{1}{4}$ LEFT, $\frac{1}{4}$ TURN COASTER, BRUSH-BRUSH-BRUSH

1&2      Cross step left behind right, step ball of right side right, step left side left  
3&4      Cross step ball of right behind left, step left into  $\frac{1}{4}$  turn left, step right into  $\frac{1}{4}$  left stepping side right  
5&6      Turning on ball of right  $\frac{1}{4}$  left step back on ball of left, step ball of right next to left, step left forward  
7&8      Brush right forward, brush right across left shin, touch right toe on left side of left foot  
Option: Keeping right toe on the floor, draw a circle crossing over the left foot (7), touch right on left side of left foot (8)

## FORWARD, TOUCH, FORWARD, TOUCH, FORWARD, TOUCH, BACK $\frac{1}{4}$ LEFT, TOGETHER

Styling: Place hands on top of thighs, finger facing down, elbows bent out to the sides

1-2      Step right forward, touch left forward  
3-4      Step left in place, touch right forward  
5-6      Step right in place, touch left forward  
7-8      Take big step back on left turning  $\frac{1}{4}$  left, step right next to left (pop the left knee forward)

## KICK-BALL-FORWARD, WALK, WALK, KICK-BALL-FORWARD, TWIST & TWIST $\frac{1}{4}$ LEFT

Styling: During the forward steps, bring the hips forward first to add some styling

1&2      Kick left forward, step ball of left next to right, step right forward (small step)  
3-4      Walk forward on left, right  
5&6      Kick left forward, step ball of left next to right, step right forward (small step)  
7&8      Swivel heels right, starting a  $\frac{1}{4}$  turn left, swivel heels left, return heels center finishing the  $\frac{1}{4}$  turn left (weight right)

## KICK-BALL-FORWARD, WALK, WALK, KICK-BALL-FORWARD, TWIST & TWIST $\frac{1}{4}$ LEFT

Styling: During the forward steps, bring the hips forward first to add some styling

1&2      Kick left forward, step ball of left next to right, step right forward  
3-4      Walk forward on left, right  
5&6      Kick left forward, step ball of left next to right, step right forward  
7&8      Swivel heels right, starting a  $\frac{1}{4}$  turn left, swivel heels left, return heels center finishing the  $\frac{1}{4}$  turn left (weight right)

**REPEAT**