Control Me



编舞者: Joey Warren (USA)

音乐: Let's Dance - Vanessa Hudgens



&-STEP, TOUCH TWICE, &-TOUCH, WEAVE WITH TOUCH, STEP, 1/4 TURN

&1-2	Take small step back on right, step forward on left, touch right toe forward
3&4	Touch right toe to right side, step right beside left, touch left toe out to left side

&5 Step left beside of right, cross right over left

&6 Step left out to left side, touch right toe behind left foot

7-8 Step right out to right side, ¼ turn left keeping weight on right foot

DOROTHY STEPS TWICE, ROCK-RECOVER-SHUFFLE 1/2 TURN

&1-2	Step left back to right, step right diagonally forward to the right, step left beside right
&3-4	Step right foot back, step left diagonally forward to left, touch right beside left

5-6 Rock forward on right foot, recover back on left

7&8 Shuffle right, left, right while completing ½ turn to the right

1/4 TURN, CROSS & TOUCH, CROSS & STEP, 1/4 TURN, BODY POPS TWICE

1&2	1/4 turn right (on ball of right foot) touch le	left to left side, step left beside right, touch right heel	

across left

&3 Step right foot back out to right, touch left out to left side

&4 Step left beside right, place right heel across and in front of left

&5 Step right foot out to right, ¼ turn left touching left forward (pop upper body up)

6-7-8 Pop body back, pop upper body forward, pop body back

On the cross touches; travel to the left as you do them

& WALK X 4 WITH 1/4 TURN, OUT-OUT, &-TOUCH, &-STEP, 3/4 TURN LEFT

&1 Ste	p left foot out to left side	e, ¼ turn right stepping right forward	d

2-3-4 Walk forward left, right, left

&5 Step right foot out to right side, step left foot out to left side

&6 Step right foot back to center, touch left toe forward &7 Step left foot back to right foot, step right foot forward

Do the turn on the ball of your right foot, when you finish step down on left)

REPEAT

TAG

At the end of the 1st and 3rd walls, facing 3:00 and 9:00

3-4 Step right foot over left, touch left to left side
5-6 Step left foot over right, touch right to right side
7-8 Step right over left, touch left out to left side

Travel forward as you do those, and give it attitude

1-2	Rock forward on the left foot, recover back on the right
3-4	Step back on the left foot, touch right beside of left
5-6	Walk back right, left

7-8 ½ turn right stepping right forward, ½ turn left stepping left back