

# Contredanse

拍数: 64      墙数: 2      级数: Improver contra dance  
编舞者: Colleen Archer (AUS)  
音乐: Dance Above the Rainbow - Ronan Hardiman



- 1-2      Touch right heel forward to 45 degrees, hold and click fingers at shoulder height  
3&4      Touch right heel in place, hook right heel up to left knee, touch right heel forward to 45 degrees  
5&6      Right coaster step (step right back, left beside right, right forward)  
7&8      Shuffle forward stepping left, right, left (passing through opposite line) (12:00)
- 1-2      Step right to side, step left beside right and clap  
3&4      Small shuffle to right stepping right, left, right turning ¼ left  
5-6      Step left to side, step right beside left and clap  
7&8      Small shuffle to left stepping left, right, left (use shuffle to line up facing partner & form one line) (9:00)
- 1&2      Touch right heel forward 45 degrees, step right beside left, touch left heel forward 45 degrees  
&3-4      Step left beside right, touch right heel forward 45 degrees, hold and clap  
5&6      Right sailor step (step cross right behind left, step left to side, replace weight right)  
7-8      Step left forward, turn ½ right taking weight forward onto right (facing new partner) (3:00)
- 1&2&  
3&4      Touch left toe to left side, step left beside right, touch right toe to side, step right beside left  
5-6      Shuffle to left side stepping left, right, left  
7-8      Step/cross right over left, step left back  
7-8      Touch right toe back, turn ¼ right taking weight onto left (6:00)
- 1&2      Right sailor step (step cross right behind left, step left to side, replace weight right)  
3&4      Shuffle forward stepping left, right, left (forming one line facing alternative sides)  
5&6      Step right forward, step left in place, step right beside left (mambo)  
7&8      Step left back, step right in place, step left beside right (mambo) (6:00)
- 1-2      Walk forward right, left (forming two lines again)  
3&4      Step cross right over left, step left to side, replace weight right (cross samba)  
5&6      Step cross left over right, step right to side, replace weight left (cross samba)  
7-8      Step right forward, turn ¼ left taking weight onto left (3:00)
- 1-3      Step cross right over left, step left to side, step cross right behind left  
&4&      Step left slightly back, touch right heel forward to 45 degrees right and clap, step right to center  
5-7      Step cross left over right, step right to side, step cross left behind right  
&8&      Step right slightly back, touch left heel forward to 45 degrees left and clap, step left to center (3:00)
- 1&2      Cross shuffle to left stepping right, left right  
3&4      Turn ¼ left and shuffle forward stepping left, right, left (passing through opposite line)  
5&6      Turn ¼ left and shuffle to right side stepping right, left, right  
7&8      Turn ¼ left and small step left to left side, touch right beside left & clap twice (6:00)

**REPEAT**

