

Contagious

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Intermediate/Advanced
编舞者: Tina Argyle (UK)
音乐: Smells Like Teen Spirit - Paul Anka



MONTEREY ½ TURN, TOUCH, LEFT MONTEREY ¾ TURN, TOUCH FORWARD

1-2 Point right to right side, ½ turn right stepping right at side of left
3-4 Point left to left side, touch left at side of right
5-6 Point left to left side, ¾ turn left stepping left at side of right
7-8 Point right to right side, tap right toe forward

BALL CHANGE, BRUSH, BRUSH, TAP ACROSS, RIGHT SHUFFLE FORWARD, STEP ¾ PIVOT TURN, STEP

&9-10 Step right at side of left, step forward, left, brush right foot forward
11-12 Brush right across left, tap right toe across left, (on out side of left foot,)
13&14 Step forward, right, close left at side of right, step forward, right
15 Step forward, left
16& ¾ pivot turn right onto right, step left at side of right, (* re-start here 3rd wall)

STEP FORWARD, RIGHT, BRUSH, BRUSH, TAP ACROSS, LEFT SHUFFLE FORWARD, STEP ¾ TURN

17-18 Step forward, right, brush left foot forward
19-20 Brush left across right, tap left toe across right, (on outside of right foot)
21&22 Step forward, left, close right at side of left, step forward, left
23-24 Step forward, right, ¾ pivot turn left onto left

BALL CROSS, SIDE, BEHIND, SIDE ROCK RIGHT, RECOVER, BEHIND, BALL CROSS, LONG STEP LEFT

&25-26 Step right to right side, cross left over right, step right to right side
27-28 Cross left behind right, rock right to right side
29-30 Recover weight onto left, cross right behind left
&31-32 Step left to left side, cross right over left, take long left step to left side

Restart here 5th wall

RIGHT ROCK BACK, RECOVER, SIDE STEP, LEFT ROCK BACK, RECOVER, SIDE STEP, BEHIND, ¼ TURN LEFT

33-34 Rock right behind left, recover weight onto left
35-36 Step right to right side, rock left behind right
37-38 Recover weight onto right, step left to left side
39-40 Cross right behind left, make ¼ turn left stepping forward, left

ROCK FORWARD, RECOVER, 1 ½ TURN RIGHT, STEP FORWARD LEFT, LUNGE TO RIGHT DIAGONAL

41-42 Rock forward onto right, recover weight onto left
43-44 ½ turn right stepping forward onto right, ½ turn right stepping back left
45-46 ½ turn right stepping forward, right, step forward, left
47-48 Lunge right to right diagonal, recover weight onto left

ROCK BACK, RECOVER, DIAGONAL LUNGE, BEHIND, ¼ TURN LEFT, ¾ UNWIND LEFT

49-50 Rock back right, recover weight onto left
51-52 Lunge right to right diagonal, recover weight onto left
53-54 Cross right behind left, ¼ turn left stepping forward, left
55-56 Cross right over left, ¾ unwind turning left finishing with weight on left

SIDE, BEHIND, ¼ TURN RIGHT, ¾ UNWIND RIGHT, SIDE, BEHIND ¼ TURN LEFT

57-58 Step right to right side, cross left behind right

59-60 ¼ turn right stepping forward, right, cross left over right

61-62 ¾ unwind turning right finishing with weight on right, step left to left side

63-64 Cross right behind left, make ¼ turn left stepping forward, onto left

REPEAT

RESTART

On wall 3, dance (16&) then start from the beginning of dance

On wall 5, dance (&31) then step forward left instead of long step to left side. Start from beginning of dance
