

Contagious

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Janet Billington (UK) & Joy Layer (UK)
音乐: Bien Pegaito - Merenbooty Girls



TWIST HEELS, SHUFFLE, ROCKS, FULL TURN SHUFFLE

1-2 Swivel both heels left, swivel both heels to right and turn ½ left and kick right forward
3&4 Shuffle back stepping right, left, right
5-6 Rock left back, recover to right
7-8 Shuffle forward turning a full turn right stepping left, right, left

SHUFFLE, VINE, BALL CROSS, POINT, SHUFFLE, STEP TOUCH

9&10 Shuffle forward left, right, left
11-12 Step right to side, cross left behind right
13&14 Step right to side, cross left over right, touch right to side
15&16 Crossing shuffle stepping right, left, right
17-18 Step left to side, touch right together

KICK BALL CHANGE, STEP TOUCH, KICK BALL POINT

19&20 Kick right forward, step right together, step left in place
21-22 Step right to side, touch left together
23&24 Kick left forward, step left together, touch right to side
25-26 Cross right behind left, unwind ½ right (weight to right)

LEFT SHUFFLE, JAZZ BOX WITH ½ TURN, STOMP RIGHT

27&28 Shuffle forward left, right, left
29-30 Cross right over left, step left back
31-32 Turn ½ right and step right forward, stomp left together

REPEAT
