

Contact

拍数: 32 墙数: 4 级数: Intermediate/Advanced
编舞者: Chris Godden (UK)
音乐: Contact - Edwin Starr



1-2& Stomp right to side, cross/rock left behind right, recover on right
3-4 Stomp left to side, cross right behind left
5-6 Cross left behind right, cross right behind left

Use rondé action on those two back cross steps

7&8 Unwind $\frac{3}{4}$ right, swivel both heels right, swivel both heels to center

Lift heels on '&' count and lower them on count 8

1&2 Rock left forward, recover on right, step left back
3-4 Touch right toe back, body roll down and step right in place

Sit down on right

5-6 Step left forward, step right forward
7&8 Turn $\frac{1}{2}$ turn left (weight to left), swivel both heels left, swivel both heels to center

Lift heels on '&' count and lower them on count 8

1&2 Shuffle back left, right, left
3&4 Shuffle to side turning a full turn stepping right, left, right
5-6 Step left forward, step right forward
7-8 Hold, hold

Styling:

7&8 Turn head to left, raise shoulders up, push shoulders down

1&2 Cross right over left, step left back, step right together

Return head to front on count 1

3&4 Step left forward, turn $\frac{1}{2}$ right (weight to right), step left forward
5-6& Step right forward, step left forward, cross right behind left
7-8 Hold

Styling:

7&8 Turn head to left, clap hands twice
& Turn head back to the front

REPEAT
