

Constellation Cha Cha (P)

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 0 级数: Partner
编舞者: Bobby Horn (USA)
音乐: This I Promise You - *NSYNC



BOTH

ROCK STEP, SHUFFLE TURN, ROCK STEP, SHUFFLE TURN

Partners side-by-side, lead holding partner's left hand

1-2 Rock forward on right, rock back onto left

3&4 Turn ½ right while stepping right, left, right

Partners side by side, lead holding partner's right hand

5-6 Rock forward onto left, rock back onto right

7&8 Turn ½ left while stepping left, right, left

SHUFFLE FORWARD, SHUFFLE ¼ TURN, SHUFFLE ½ TURN, SHUFFLE ½ TURN

9&10 Shuffle forward (line of dance) right, left, right

11&12 Pivot on right ¼ turn left (facing partner) stepping left, right, left

13&14 Pivot on left ½ turn right (back to partner) stepping right, left, right

15&16 Pivot on right ½ turn right (facing partner) shuffling left, right, left

ROCK STEP, SHUFFLE, ROCK STEPS, TURN

17-18 **MAN:** Rock back onto right, rock forward onto left

LADY: Rock forward onto left, rock back onto right

19&20 **MAN:** Shuffle right, left, right

LADY: Shuffle left, right, left

21-22 **MAN:** Rock forward onto left, rock back onto right

LADY: Rock back onto right, rock forward onto left (extended 5th)

23-24 **MAN:** Turning ¼ left step onto left, point right toe behind partner

LADY: Pivot on left ¼ turn left stepping on right. Pivot on right ½ turn right stepping on left

BOTH

SAILOR STEPS

25&26 Right sailor step

27&28 Left sailor step

29&30 Right sailor step

31&32 Left sailor step

ROCK STEP ½ SHUFFLE TURN, ROCK STEP, ½ SHUFFLE TURN

33-34 Rock back onto right, rock forward onto left

35&36 Turning ½ right shuffle right, left, right (ala hook)

37-38 Rock back onto left, rock forward onto right

39&40 Turning ½ left shuffle left, right, left (ala hook)

SHUFFLE TURNS AND WINDMILLS

41&42 **MAN:** Turning ¼ right shuffle right, left, right

LADY: Turning ¼ right shuffle right, left, right

43&44 **MAN:** Turning ½ left shuffle left, right, left

LADY: Turning ½ left shuffle left, right, left

45&46 **MAN:** Turning ½ right shuffle right, left, right

LADY: Turning ½ right shuffle right, left, right

47&48 **MAN:** Turning ¼ (LOD) shuffle left, right, left

LADY: Pivot on right $\frac{3}{4}$ turn right stepping back onto left, pivot on left $\frac{1}{2}$ turn right stepping forward onto right

REPEAT
