

# Constant Sorrow

**COPPER** **KNOB**  
BY STEPHEN

拍数: 0                      墙数: 4                      级数: Intermediate  
编舞者: Gerda Klein (NL)  
音乐: I Am a Man of Constant Sorrow - The Soggy Bottom Boys



Sequence: AABC AABC AABC AABC AAB

## PART A

### VINE WITH SLAPS

- 1 Right foot side step right
- 2 Left foot cross behind
- 3 Right foot side step right
- 4 Right hand slap left foot behind, turn head right
  
- 5 Left foot side step left
- 6 Left hand slap right foot behind, turn head left
- 7 Right foot side step right
- 8 Right hand slap left foot behind, turn head right

### VINE WITH ¼ TURN, HOLD, ½ PIVOT TURN (2X)

- 9 Left foot side step left
- 10 Right foot cross behind
- 11 ¼ turn left, left foot step forward
- 12 Hold
  
- 13 Right foot step forward
- 14 ½ turn left
- 15 Right foot step forward
- 16 ½ turn left

### HEEL, HOOK, HEEL, FLICK, HEEL, HOOK, STEP FORWARD, HOLD

- 17 Right foot touch heel forward
- 18 Right foot hook in front of left knee
- 19 Right foot touch heel forward
- 20 Right foot flick out to right side
  
- 21 Right foot touch heel forward
- 22 Right foot hook in front of left knee
- 23 Right foot step forward
- 24 Hold

### REPEAT 17-24, STARTING LEFT FOOT

- 25-32 Repeat 17-24, starting with left foot

### SCISSOR, HOLD (2X)

- 33 Right foot side step right
- 34 Left foot step together
- 35 Right foot cross step forward
- 36 Hold
  
- 37 Left foot side step left

- 38 Right foot step together
- 39 Left foot cross step forward
- 40 Hold

#### **PART B**

##### **SIDE STEP, ½ HOP TURN, SIDE STEP, ½ HOP TURN, SIDE ROCK, STEP, TOUCH**

- 1 Right foot side step right
- 2 ½ turn right, right foot hop
- 3 Left foot side step left
- 4 ½ turn right, left foot hop
  
- 5 Right foot side rock
- 6 Left foot recover
- 7 Right foot side step right
- 8 Left foot touch next to right foot

##### **REPEAT 1-8, STARTING LEFT FOOT**

- 9-16 Repeat 1-8, starting with left foot

#### **PART C**

##### **SLIDE, HOLD, STEP BEHIND, CROSS OVER (2X)**

- 1 Right foot slide right
- 2 Hold
- 3 Left foot close behind right foot
- 4 Right foot cross step forward
  
- 5 Left foot slide left
- 6 Hold
- 7 Right foot close behind left foot
- 8 Left foot cross step forward

##### **SIDE STEP, ¼ HOP TURN, STEP BACK, ¼ HOP TURN, CROSS ROCK, SIDE STEP, HOLD**

- 9 Right foot side step right
- 10 ¼ turn left, right foot hop
- 11 Left foot step backward
- 12 ¼ turn left, left foot hop
  
- 13 Right foot cross rock forward
- 14 Left foot recover
- 15 Right foot side step right
- 16 Hold

##### **CROSS ROCK, STEP SIDE, HOLD, CROSS ROCK, CLOSE, HOLD**

- 17 Left foot cross rock forward
- 18 Right foot recover
- 19 Left foot side step left
- 20 Hold
  
- 21 Right foot cross rock forward
- 22 Left foot recover
- 23 Right foot step together
- 24 Hold

##### **SLIDE, HOLD, STEP BEHIND, CROSS OVER (2X)**

25 Left foot slide left  
26 Hold  
27 Right foot close behind  
28 Left foot cross step forward

29 Right foot slide right  
30 Hold  
31 Left foot close behind  
32 Right foot cross step forward

**SIDE STEP, ¼ HOP TURN, STEP BACK, ¼ HOP TURN, CROSS ROCK, CLOSE, HOLD**

33 Left foot side step left  
34 ¼ turn right, left foot hop  
35 Right foot step back  
36 ¼ turn right, right foot hop

37 Left foot cross rock forward  
38 Right foot recover  
39 Left foot step together  
40 Hold

---