Congested Shuffle



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音乐: She's Got The Rhythm - Alan Jackson



2 RIGHT KICK BALL CHANGES

1&2 With weight on left, kick right forward, step down on ball of right foot, quickly change weight

to left

With weight on left, kick right forward, step down on ball of right foot, quickly change weight

to left

RIGHT FORWARD DIAMOND

Step forward right
Touch left toe forward
Touch left toe to left side

8 Touch left toe back, weight stays on right foot

VINE LEFT, STOMP RIGHT

9 Step left to left side 10 Cross right behind left 11 Step left to left side

12 Stomp right behind left (take weight)

2 LEFT KICK BALL CHANGES

13&14 With weight on right, kick left forward, step down on ball of left foot, quickly change weight to

right

15&16 With weight on right, kick left forward, step down on ball of left foot, quickly change weight to

right

LEFT FORWARD DIAMOND

17 Step forward left

Touch right toe forwardTouch right toe to right side

20 Touch right toe back, (weight stay on to right)

VINE RIGHT, STOMP LEFT

Step right to right side
Cross left behind right
Step right to right side

24 Stomp left next to right (take weight)

HEEL AND TOE TOUCHES

25-26 Touch right heel forward twice27-28 Touch right toe back twice

STEP PIVOT 1/4 TURN LEFT STOMP, SCUFF

29 Step forward with right foot

30 Turn ¼ to left

31 Stomp right next to left 32 Scuff right next to left

SHUFFLE RIGHT & LEFT

33&34 Shuffle to right in place, right-left-right 35&36 Shuffle to left in place, left-right-left

2 STEP PIVOTS TURNING LEFT

37 Step forward right
38 Turn ½ turn left
39 Step forward right
40 Turn ½ turn to left

REPEAT