

Congalicious

COPPER KNOB
BYEFOOTETS

拍数: 32 墙数: 4 级数: Intermediate/Advanced social cha
编舞者: Michael Diven (USA)
音乐: Conga (Dance Mix) - Gloria Estefan & Miami Sound Machine



ROCK, RECOVER, SHUFFLE BACKWARDS, ROCK, RECOVER, SHUFFLE FORWARD

1-2 Rock forward on right foot, recover weight back to left foot
3&4 Right shuffle backwards, stepping right, left, right
5-6 Rock back on left foot, recover weight back to right foot
7&8 Left shuffle forward, stepping left, right, left

WALK, WALK, ¼ TURN, POINT

1-2 Walk forward on right, walk forward on left
3&4 Pivot ¼ turn left, while pointing right toe to right side, hold
5&6 Right sailor step with a ¼ turn left
7&8 Left sailor step with a ¼ turn left

ROCK, RECOVER, SHUFFLE BACKWARDS, STEP, STEP, PIVOT, ROCK, RECOVER, PIVOT

1-2 Rock forward on right foot, recover weight back to left
3&4 Right shuffle backwards, stepping right, left, right
5-6 Step back on left foot, step back on right and pivot ½ turn right
7&8 Rock forward on left foot, recover weight back to right and pivot ½ turn back to the left, stepping forward on the left foot

STEP, PIVOT ½ TURN, SHUFFLE FORWARD, PIVOT, PIVOT, COASTER STEP

1-2 Step forward on right foot pivoting ½ turn left, step forward on left foot
3&4 Right shuffle forward, stepping right, left, right
5 Step back on left foot while pivoting ½ turn left
6 Step forward on right foot while pivoting ½ turn left
7&8 Left coaster step in place

REPEAT
