

Conga

拍数: 32 墙数: 2 级数: Beginner mambo
编舞者: Tom Mickers (NL)
音乐: Conga - Gloria Estefan



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|---------|--|
| 1&2 | Right mamba forward |
| 3&4 | Left mambo back |
| 5-6 | Right side, left together |
| 7&8 | Cha-cha-cha right |
| | |
| 1&2 | Left mambo forward |
| 3&4 | Right mambo back |
| 5&6&7&8 | Syncopated cha-cha-cha-cha, cha-cha-cha left |
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| 1-2 | Right forward, left together |
| 3&4 | Cha-cha forward |
| 5-6 | Left rock forward, back on right half turn to the left (left) |
| 7&8 | Left cha-cha forward toward 6:00 |
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| 1-4 | Full paddle turn to the left, weight on left leg, paddle with right |
| 5-8 | Weight change on right pop left knee forward, weight change left pop right knee forward 2x |

REPEAT
