

Complicated Mambo - Not

COPPER KNOB
STEPPERS

拍数: 64
编舞者: Forty Arroyo (USA)
音乐: Unknown

墙数: 2

级数: Beginner mambo



Dedicated To The Sturbridge Senior Gals

MAMBO - FORWARD, BACK, RIGHT & LEFT

- 1-4 Rock forward on right, step left in place, step right next to left, hold
- 5-8 Rock back on left, step right in place, step left next to right, hold
- 1-4 Rock right to side, step left in place, close right to left, hold
- 5-8 Rock left to side, step right in place, close left to right, hold

STEP, CLOSE, STEP, HOLD, CLOSE, STEP, CLOSE, HOLD

- 1-4 Step right to side, close left to right, step right to side, hold
- 5-8 Close left to right, step right to side, close left to right (weight on left), hold

CROSS, STEP, CROSS, STEP, CROSS, STEP, CROSS, HOLD

- 1-4 Cross right over left, step side left, cross right over left, step side left
- 5-8 Cross right over left, step side left, cross right over left, hold

STEP, CLOSE, STEP, HOLD, CLOSE, STEP, CLOSE, HOLD

- 1-4 Step left to side, close right to left, step left to side, hold
- 5-8 Close right to left, step left to side, close right to left (weight on right), hold

CROSS, STEP, CROSS, STEP, CROSS, STEP, CROSS, HOLD

- 1-4 Cross left over right, step side right, cross left over right, step side right
- 5-8 Cross left over right, step side right, cross left over right, hold

RIGHT MAMBO, LEFT MAMBO WITH ¼ LEFT

- 1-4 Rock right to side, step left in place, close right to left, hold
- 5-7 Rock left to side, step right in place - starting ¼ to left
- 8 Close left to right - completing ¼ left (now at 9:00)

RIGHT MAMBO, LEFT MAMBO WITH ¼ LEFT

- 1-4 Rock right to side, step left in place, close right to left, hold
- 5-7 Rock left to side, step right in place - starting ¼ to left
- 8 Close left to right - completing ¼ left (end at 6:00)

REPEAT