

# Competition Take A Leave

**COPPERKNOB**  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate/Advanced  
编舞者: Guyton Mundy (USA)  
音乐: All Or Nothing - Athena Cage



## STEP, SAILOR, FULL TURN, COASTER, FOOT SWING

1-2&3      Step left, step behind right, step together left, step forward right  
4-5      Full turn left with ronde  
6&7      Step back left, step together right, step forward left  
8      Swing right foot forward with toe pointed

## TOE TOUCH ½ TURN (TWICE), COASTER, STEP, STEP

1-2      Touch right toe back, ½ turn to the right  
3-4      Touch left toe forward, ½ turn to the right  
5&6      Step back right, step together left, step forward right  
7-8      Step left-right

## SYNCOPATED VINE, SIDE ROCK/RECOVER, ¼ TURN SYNCOPATED VINE, FORWARD ROCK/RECOVER

1&2      Step behind left, step out right, cross left in front  
3-4      Rock out to right side, recover to left  
5&6      Step behind right, step out left, cross right in front while making ¼ turn to the left  
7-8      Rock forward on left, recover back on right

## COASTER, STEP BACK, ¼ TURN STEP BACK, SHOULDER ROCKS, STEP TOGETHER

1&2      Step back left, step together right, step forward left  
3-4      Step back right, step back on left making ¼ turn to the left  
5-6-7&8      Rock shoulder left-right-left, lift right shoulder and right foot, lower right shoulder stepping right foot together

## STEP, HEEL RAISES, HEEL SWIVELS, HEEL SWIVELS, ROCK/RECOVER, FULL TURN

1&2      Step forward right, raise heels  
&3      Swivel right heel to right and left heel to left, bring back to neutral  
&4      Swivel right toe to right and left heel to left, bring back to neutral  
5-6      Rock forward left, recover back right  
7-8      Make full turn stepping left-right

## COASTER, SIDE KICK, HOOK, ¾ TURN, SIDE STEP, HOLD, FOOT WALKS

1&2      Step back left, step together right, step forward left  
&3      Kick right foot out to right side, hook right foot behind left  
4      ¾ unwind to the right  
5-6      Step right foot out to right side, hold  
7&8      Walk right toe in, walk right heel in, walk right toe in

## SIDE KICK BALL CROSS, TOE TOUCH FORWARD, TOE TOUCH BACK, STEP, DRAG, STEP, HEEL TURNS

1&2      Kick left foot to left side, step together left, cross right in front  
3-4      Touch left toe forward, touch left toe back  
5-6      Big step forward on left, drag right foot together  
7&8      Step forward right, bring left heel to right heel take right heel to right, while making a ½ turn to the left

**FORWARD KICKS (TWICE), STEP, DRAG, ¼ TURN BODY POPS**

1&2 Kick left foot forward, switch to kick right foot forward

&3-4 Switch to step left foot forward, drag right foot together

5-6-7&8 Bring bent arms up to shoulder level, turn head ¼ turn to the left, turn upper body ¼ turn to the left, follow with lower body ¼ turn to the left, drop arms to sides

**REPEAT**

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