

Compassion

拍数: 32 墙数: 4 级数: Advanced
编舞者: Glen Pospieszny (USA)
音乐: Havana - Kenny G



Cuban motion should be used throughout the dance

STEP FORWARD LEFT-RIGHT-LEFT, HIP BUMPS BACK, FRONT, BACK, STEP FORWARD LEFT-RIGHT-LEFT, HIP BUMPS BACK, FORWARD

- 1-3 Step forward left, bring right up to left, step forward left (in 5th position)
- 4&5 Bump hips back, front, back (right takes weight)
- 6-7 Step left, bring right to left
- 8&1 Step forward left, bump his back, forward (left takes weight)

ROCK RIGHT RECOVER LEFT, HITCH RIGHT IN FRONT OF LEFT, ROTATE RIGHT BEHIND LEFT, LARGE $\frac{3}{4}$ SWEEP LEFT WITH ARMS IN OUTSTRETCHED POSITION, BRING RIGHT TO LEFT IN 4 COUNTS AS ARMS GO UP (HEAD SHOULD FOLLOW ARM MOVEMENT)

- &2 Rock onto right then recover left as you hitch right in front of left
- 3 While still in hitch position rotate your right leg behind your left
- 4 Turn (pop out) $\frac{3}{4}$ left as you point out your right leg as far as possible

Arms should be spread up and out

- 5-8 Slowly bring your right leg to your left (bring arms up at same time)

(MATADOR SEQUENCE) - RIGHT KICK BALL CHANGE POINT LEFT, ARMS COME DOWN IN 4 COUNTS TO END BEHIND BACK, SWEEP RIGHT LEG IN FRONT OF LEFT, SWEEP LEFT LEG IN FRONT OF RIGHT

- &1 Kick out your right foot, step down on right as you point out your left toe (at same time)
- 2-4 Slowly bring arms down
- 5-6 Slowly sweep your right leg in front of your left (right hand also sweeps)
- 7-8 Slowly sweep your left leg in front of your right (left hand also sweeps)

SWEEP RIGHT IN FRONT OF LEFT, HOLD, CROSS RIGHT IN FRONT OF LEFT, STEP BACK LEFT, STEP RIGHT, FULL TURN TO RIGHT STEPPING LEFT, RIGHT, LEFT-RIGHT-LEFT

- 1-2 Sweep your right leg in front of left (right hand also sweeps)
- 3 Hold
- 4&5 Cross right in front of left, step back on left, step right to right side
- 6-7 Step left over right, step right (begin turning to right)
- 8& Continue turning to right stepping left, right

Step 6-7, 8& is a samba roll. Shoulders and hips should be rolling in a circular motion throughout. This is a full turn once completed.

REPEAT

**Hands up/down (men) use palms up throughout. Hand up/down (women) use palms down throughout
Sweeping hand should look as if you are pulling something towards your heart.**